

VOX



Cover Photo Credit To: Clarice Walker

CYNAGUAE

**The Newsletter for the Principality of Cynagua, Kingdom of
the West—January Investiture (2017)**

HELP WANTED

This is a list of Officers who need a deputy or a successor. Please consider volunteering; it's a lot of fun and a great way to keep Our Principality going. Please Contact the Officers directly for more information details on how to contact them can be found in regnum at the back of the Vox.

Arts & Sciences: Deputy

Chronicler: Deputy

Constable: Deputy/Successor

Copper Spoon: Successor ASAP

Lists: Deputy/Successor

Minister of the Bow: Successor/Deputy

Seneschal: Successor ASAP

Regalia: Deputy

Youth Point Minister: Deputy (see page 12 for details)

Barony of Rivenoak Exchequer: Officer Needed

Barony of Rivenoak Seneschal: Successor ASAP



From the Prince and Princess of Cynagua

Beloved Cynagua,

It is with bittersweet joy tinged with sadness that we send you Our last words as your Prince and Princess.

It has been Our greatest joy to serve you during this time and we are humbled by the outpouring of love and service we have witnessed from Our populace throughout our reign. Cynagua is a spectacular land full of love and friendship. We are so grateful to be a part of this. We so wish We could give to all of you what has been given to US. Our only comfort is that we leave you in the capable hands of our Heirs.

Yours in joyful service to Cynagua,

Fearghus and Sylvie

Outgoing Prince and Princess of Cynagua



From the Incoming Prince and Princess

We, Raven and Brenna, offer greetings to Our People. We are Exuberant with anticipation of Our Investiture and yet still pay homage to the works of Our predecessors, Fearghus and Sylvie. On this day, we should celebrate with song, laughter and great food and drink in quantities to make Valhalla green with envy for next week is war!

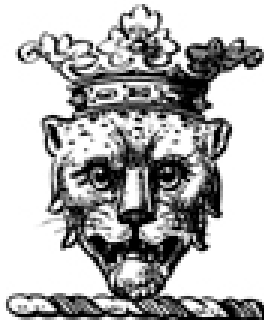
Yes, we get to brush up our skills at war college, and then the next day put all to the test at Wargy. Then we begin our solemn march to Estrella to stand beside our King and show the known world the mettle of Cynagua.

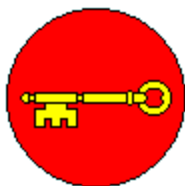
We are eager to hear word of the good deeds of Our Populace as you bring to Our attention the noble and worthy acts of your friends and neighbors. We are excited to lead Cynagua and bring great honor and joy to Her people.

Yours in joyful service,

Raven and Brenna

Incoming Prince and Princess of Cynagua





From the Seneschal

Hello Fair Cynagua-

Welcome to our new Highnesses, Raven and Brenna, and thank you to Fearghus and Sylvie, for an inspiring and fun reign. It was my pleasure working with you in this capacity.

Event season is upon us and sites are being procured as we speak, which means, autocrats will be needed to coordinate and make ready; specifically, Cyn/Mist war in May and July Investiture, which will require planning very soon. If anyone is interested, please feel free to email or text me.

As always, if you ever have concerns or require my assistance, please do not hesitate to ask!

Viscountess Catriona
Seneschal of Cynagua

209-480-7458

viscatriona.morgan@westkingdom.org



From the Equestrian Minister

Good blustery day Cynagua!

It's certainly a good thing we Swans like the water. While some of our mounts may not be impressed with all the rainfall, it's enabling many to continue their work reprieve so possibly they don't mind it overly much. The days are a touch longer though, providing a few moments to spend time preparing for the first of our Cynaguan Equestrian Workshops being held in Modesto at the Double N Ranch on February 12th from 10am to 4pm. This site has a large covered arena as well as a massive outdoor arena so we will be holding this practice come rain or shine. It also has a small bleacher section and a picnic table or two so our potluck picnic practice can be well represented. Whether you have a green horse or seasoned veteran or if you are not a rider and would just like to help out or learn more about the equestrian program, we welcome you to join us at practice. Everyone has something to offer and it takes input by all of us to make this a rewarding experience and success for everyone.

We are honored to have Equestrium held within Cynagua's borders this year. The event is April 8th with more details to follow at the kingdom level.

Additionally, please pencil Beltane in on your list of "must do's" for 2017. Equestrians will be riding the property at the new KHTI site during the event.

Look to the West Kingdom Equestrian page on the Book of Faces and the West Kingdom calendar for practice and event dates as we get further into 2017.

As always, please contact me directly at any time at equestrian@cynagua.westkingdom.org should you have need.

Kathryn Onora

Principality Equestrian Minister



From the Outgoing Arts & Sciences Minister

These will be my last words as your Arts & Sciences officer, and I want to take the time to thank each and every one of you for your support during my two year tenure. I also encourage you all to continue creating wonderful things and sharing them with us. Please also share your knowledge and talent by teaching what you know and love. Linnet Hatfield will take over this office at Investiture, and I know she will be an excellent representative for our Principality. I look forward to seeing your future endeavors.

Yours in Service,

Baroness Farleigh de Grey

From the Incoming Arts & Sciences Minister

Greeting!

My name is Linnet Hatfield, otherwise known as Linnie the Lioness and I will be the new Arts and Sciences Minister and the Lumin. I have plans, lots of plans, plus a three foot to do list from friends of mine. I am a credentialed science teacher and have also substituted from Kinder through high school. I am a very crafty sort of person and just love to make and try new things. This year's competitions, because so many have requested to be able to participate, are very broad. I will be presenting the person that has documentation and the highest points in each category, with a haversack. Directions on how to do documentation will be available at:

http://goldenrivers.westkingdom.org/gr_site/as.html

As well as examples and other useful information.

Spring Coronet

Arts: Ode to Spring—Something that brings spring to mind: needlework, poems, outfits, music. If it makes you think of spring; document it and compete!

Sciences: Chemical Change—A process that results in a chemical composition change; think of heat or a chemical reaction. I am thinking of doing a cuir bouilli playday.

July Investiture--It will be a populous vote and needs to be displayed. So no performances.

Arts: Needles—Must use a needle (a thin and pointy tool) in its construction. Make sure to say what kind of needle and how it was used.

Sciences: Tools—Re-create a tool used during the middle ages. This is an interactive display; the tool needs to be able to be used by the populous in the correct manner in the display.

Fall Coronet

Arts: It is Cold out there—Create something that makes you warm: coats, hot drinks, songs, etc.

Sciences: Complications—A multistep process, i.e. the philosopher's stone; many, many steps to make.

I have already started to plan Spring Coronet. The classes we have so far are Archery Marshaling, Feasts and how to run them, Underwear is fun to wear, Metal engraving, and Middle Eastern dance. I am looking for more teachers/classes as well as judges. I have a few places to hold classes, but if you would be willing to host one, that would be awesome. I plan to have the class list to Page copy at the end of March. I will be teaching basic sewing kid classes, we are making dragons, Kinder-2nd grade (adult required), plus simple, medium, and complex. We will have a teacher's breakfast on Saturday: Coffee, tea, eggie-bacon-veggie-things, pastries, fruit, etc., so we can get to know each other and talk about the day to come. A Judge's Tea on Sunday: pastries, sandwich fixings, drinks and fortification, just want to make judging as enjoyable as possible and get to know everyone. If you want to lend me a hand, have questions or just want to talk about art please visit or contact me!

I will be hosting more play days – I look forward to doing more dyeing and book binding days, as well as leather working and who knows what.

You can contact me at roxannehatfield@gmail.com or 916-806-0615, I love questions and ideas.

From the Outgoing Regalia Officer

Thank you everyone for your assistance these last two years; whether it was helping to make awards for the Principality or earning them. I will hand over my office at Investiture to THL Baroness Katrina Yarborough. She has my complete faith and support, as I know she will do a phenomenal job. Thanks also to everyone who sat as Prince and Princess of Cynagua during my time as Regalia Officer, it was a pleasure to serve you.

Yours In Service,

Lord Angus Tyresson

From the Incoming Chatelaine

Dreams and Visions: The Next 50 Years

With our 50th year anniversary now behind us, we look to our next 50 years. Okay, well maybe bite off a smaller piece and let's say *5 years. What would you like to see our Principality accomplish between now and then? How shall we evolve and sharpen our vision?

Each individual has their own view of this. Many folks may not even have a vision of the SCA, they may just be wondering how they can get to the next event. There are those who have "played the game" these past 50 years. What do they want from the SCA? Are they getting it? There are those who we have actively recruited just in the past few weeks; what did we tell them to anticipate? How did we color their vision of what to expect of their experience? Was it a raw depiction of our reality -as beautiful and flawed as it may actually be- or was it colored by our rose-colored glasses of what we had hoped the SCA was or might one day be?

We in Cynagua may have little to say about what goes on in the rest of the world but here, in our Principality, we can have a hand in steering our community and shaping what it will look like in coming years. Do we want more players for the game? Is it just fine as it is? Do we want to focus on outreach to the public or send our efforts more inwards? What do you want your role to be? Not everyone requires a title, a station or a grand mission; sometimes the most relaxed folks to hang out with are the ones that quietly observe the pageantry. Sometimes these things will come to them with time. How will you be a part of the future of our Cynaguan Dream?

I myself move from a place of quiet observance to official service as the next Cynaguan Chatelaine. It is my responsibility to sell a vision of our game, of our society and of our Principality. Please, I ask everyone from royalty to our newest member, help me to see and articulate what our Cynaguan vision is. Where are we going in the next few years that will make our venerable bones want to stay and our newest muscle come to play? It is a new year, coming together as a cohesive community might just be our best way to greet the unknown. Let it be a grand adventure, this shared Dream of ours.

In Service,

Lady Sunwolf Naran Shona

Attention Golden Rivers Cooks!

The Province of Golden Rivers is pleased to announce a new addition to our website aimed at those interested in period cookery.

Please visit Golden Rivers Cooks

http://www.goldenrivers.westkingdom.org/gr_site/cooks.html

Youth Point Fundraiser

Hello Cynagua!

Youth Point is going to be hosting a silent auction via Facebook in Mid-March in preparation of the release of the new Page School program. We need your donations to make this happen. Do you have garb you no longer need? Is it time to clean out your fabric stash? What about trim, feast gear or jewelry? Do you have a skill you can teach someone else in a private lesson or can you offer a commissioned piece of artwork? Please contact me with your offerings via email at safiya@westkingdom.org

There are item drop off points in Stockton and Vacaville. Youth Point and the youth of the West Kingdom thank you for your support.

Safiya bint Zakariya al-Tayyib
Chancellor Minor
Kingdom of the West

Deputy Youth Minister Needed

Fellow Cynaguans!

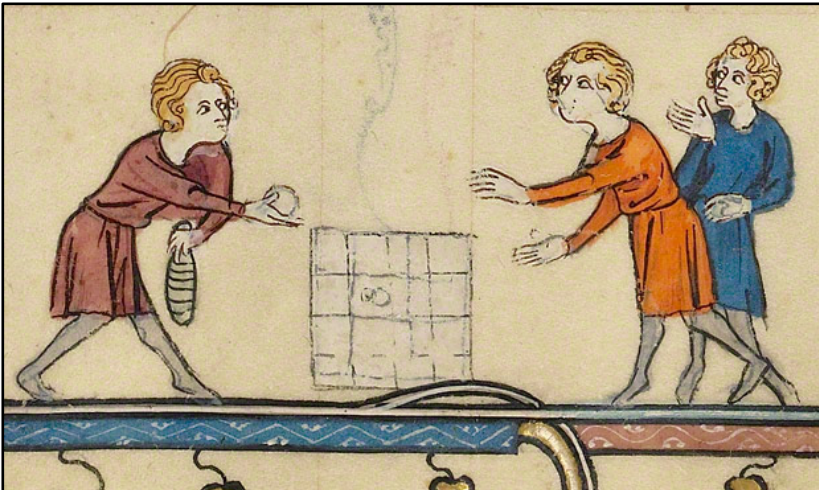
I am seeking a deputy for Ahmed the Wanderer, Youth Minister for Cynagua. He is looking to step down in the next 6 months and I would like to have someone trained and ready to take his place by Summer Investiture.

If you are interested in working with the youth of Cynagua, please speak to me. I can be found at Youth Point at events or by email at safiya@westkindgom.org

You will need to be able to organize Youth Point activities for all Principality-level events and assist Youth Officers of local groups as they need. This position will have the full support of the Chancellor Minor.

In Service,

Safiya bint Zakariya al-Tayyib
Chancellor Minor
Kingdom of the West



UPCOMING EVENTS

Rivenoak Fool's Tourney

Their Excellences, Thorstagg & Eowyn, Baron and Baroness of Rivenoak, Invite you to join the Barony in a full day of fighting, silliness and revelry at the Rivenoak's Fool's Tourney! Come test your mettle against Rivenoak's arcane art of Divination by Cupcake to find the King and Queen of Misrule. Try your hand at Hunkerhouser, bocce ball and our insult challenge. There will be an Arts and Sciences completion, a scavenger hunt, kids games and much more. There will also be a groaning board so remember to bring some finger foods to share. So come, break out your Armor, both heavy and rapier, and find out what shenanigans the King and Queen of Misrule have instore for you.

Date of Event: Saturday March 11th

Time of Event: 9:30-5:30 Have to be out of park by 6 pm

Site Fee: \$15 non-members, \$10 for members, ages 12-18 \$5 , 11 and under are free, family cap \$20

Location: cedar grove meadow

1890 East 8th street , Chico ca 95928

Autocrat: Lady Finna Kottr Godormsdottir (Ileah Dotson)

finna.kottr@gmail.com (530) 391-6271

Shire of Champclair's 2nd Annual

What: Shire of Champclair 2nd Annual Tournament

When: Sunday, March 12th, 9am - 5pm

Where: Lagoon Valley Park, Vacaville

Costs: \$15/\$10 Member Discounted Registration

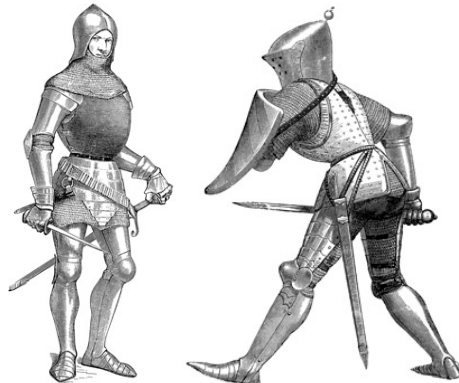
Autocrat: Safiya bint Zakariya al-Tayyib

Come join the Shire between principalities for our Second Annual Tournament. We will be giving an award for the heavy fighting champion, the bardic champion and the A&S champion.

Heavy fighting tournament format to be decided by list size, but likely round robin. Armor inspections to start at 10:30am.

Bardic competition to be judged by last year's winner. Please bring a piece about fighting and a piece about the arts and sciences to share. Non-original work allowed with writers permission.

Arts & Sciences competition theme is UFO: The Unfinished Object. Bring your in-progress work of art to show off. Champion to be decided by populace vote.



Excerpts from *Horses in the Middle Ages* by Viscountess Juliana of Avon ~ OWGS

Imagine if you would, living in a time where horses were just as common as motorized vehicles are today. That you could look at a horse and know its owner (or handler) held a certain job or was of a certain social ranking. Just as today you can look at the badge on a car, or the silhouette and condition of a vehicle and assume its driver's social class or profession. This article was written so that everyone can familiarize themselves with something that you may have seen every day as you went about your business in the middle ages.

Drayage & Plough

The Sumpter and the Affer

The backbone of medieval life is found in farming and drayage. The Sumpter was a versatile little horse who could be used interchangeably as a pack and draught animal. Like most of the horses in the medieval era, the Sumpter varied in size, and heavier types were employed for pulling the big heavy covered 4-wheeled wagons (*bigae*).



Fig 1 – Drayage Horses

The pack Sumpter's harness (Fig 2) included pack saddles, coffers, bags and baskets. Load capacity was determined by what could be loaded on either side; having some regard for the capability of the horse and the stability of the load. The Sumpter was also the means of transport for personal baggage and effects. The traveler who did not wish to be slowed by oxen baggage wagons (which required frequent stops) would employ a pack Sumpter. Often the Sumpter and the Palfrey were hired together.

The speed and flexibility of the pack Sumpter also made it excellent for war purposes. During the war in Scotland in the 14th C, it was proposed to leave behind the heavy carts and wagons and rely on packing the Sumpters for expeditions.



Fig 2 – Sumpter Horse



Fig 3 – Affer at the plough

The Affer (work horse) was another versatile horse. Used as a draught horse and then later used for plowing as well¹. In ledgers it is noted that an Affer would be used with a pack Sumpter and harnessed to a double capacity cart (*carecta curta*). The Affer population enjoyed prolific numbers and it is also suggested that the Affer was most likely the closest relation to local feral British stock. As for costs, in the late 13th C a draught animal could be purchased at Ibstone for £7 to £11 1. Oxen being the preferred animal for the plough up until about the 11th C.

Specialized Small Types

Irish Hobby and the Welsh Merlin

Horse breeding in the British Isles took on its own characteristic due to the separation from continental Europe. Early Celtic horses were among the smallest in Europe and the horse culture of the British Isles was influenced by the Celts (Marnians) as they settled and began raising horses in the grasslands of the south of England.



Fig 4 – Horse Drawn Chariot

Both the Hobby and the Merlin were of pony sizes and bear the names of small native falcons. The Hobby's name is Celtic/Gaelic in origin (*obann*). Early Irish oband means "sudden, quick, nimble" possibly connected with the Hobby's physical ability and fast ambling gait². This suggests that the Hobby inherited characteristics of the descendants of early chariot horses³. Irish skeletal remains indicated between 52" and 56" at the shoulder.

The Merlin is potentially the oldest breed that reached Wales. It is speculated from Norwegian influences in the area and is genetically linked to the modern Welsh Mountain Pony. Even today, horses left to fend for themselves in Exmoor, Dartmoor and in the New Forest do not exceed 50" at the shoulder due to environmental limitations.

2. Ambling is any of several four-beat intermediate horse gaits, all of which are faster than a walk but usually slower than a canter and always slower than a gallop. Ambling is typically an inherited trait. Amblers are smoother for a rider than either the two-beat Trot or pace and most can be sustained for relatively long periods of time, making them particularly desirable for tasks where a rider must spend long periods of time in the saddle.

3. When the Romans entered Britain they found large numbers of chariot type vehicles being used against them. These chariots were drawn by quick little horses hitched in twos. Early Celtic horses were quite small with skeletal remains indicating that 39" to 44" at the shoulder was common. The progression to riding these ponies astride was influenced in large by the Alans mounted warrior culture.

The Palfrey or Jennet

Small, popular and renowned as a comfortable ambling horse. With its comfortable distance-covering amble, appreciative travelers arrived less fatigued. The Palfrey is often celebrated in illuminations and prose. It is also notable as the preferred riding and hawking type horse for ladies.

In the reign of King John (1199-1216), the Palfrey enjoyed a rise in popularity and became a requirement for settlement of fines and other obligations. From 8 Palfreys in the first year of John's reign to 200 Palfreys by his 9th year. (Exchequers Pipe Rolls).

This popularity continues after the death of King John with clerical landholders. Palfreys were purchased and bred locally. It is noted that quality Palfreys were often gifted between Royalty and high ranking Clerics. In the 14th C gifts made of Palfreys bred in the Danish region were highly regarded.



Fig 5 – Ladies Hawking and Riding Astride



Fig 6 – King John

The Rouncy

The smallish to medium sized horse, the Rouncy served as mounts for Squires and Knights. They generally moved at the trot; however there are notations on historic account rolls that they also had ambling and racking Rounceys (and Hackneys). Though smaller in stature they were hearty and it is noted that fully trapped out in barding, with a rider they were able to perform as a riding horse bearing weights of 200 to 230lbs. carrying a fully accoutered Knight the weight was 29lbs more.

For purposes of war and tournaments, the medium sized Rouncy was commonly used as a mount for lancers. Larger Rounceys took on two saddles, the rider's saddle and a pack saddle. There is some speculation that they share some of the same breeding as Sumpters. It is also speculated that Rounceys and Sumpters shared similar genetics with native wild horses due to a number of horses being listed as fallow in color with a black dorsal stripe. (Falkirk list of paid Cavalry 1298). In the later 13th C Rounceys had an average value of £7.



Fig 7 – The Squire



Fig 8 – The Squire

(... to be continued in the next Vox. Specialized Medium Riding Types.)

References

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Images:

Figure 1 “Drayage Horses” Bodleian MS 264 folio 83 verso, dating from around 1340 by the Flemish illuminator Jehan de Grise

Figure 2 “Sumpter Horse” Melchior Lorck, 1570-83

Figure 3 “Affter at the plough” Luttrell Psalter 1325-1340

Figure 4 Early period Celtic Relief of a horse drawn chariot. Alesia. *Musée de St. Germaine en Laye*

Figure 5 “Ladies Hawking” around 1340 by the Flemish illuminator Jehan de Grise

Figure 6 “King John” from *De Rege Johanne* MS Cotte. Claude DII, folio 116, British Library

Figure 7 Image associated with “The Squire”. Geoffy Chaucer’s *The Canturbury Tales*

Figure 8 Image associated with “The Squire”. Geoffy Chaucer’s *The Canturbury Tales*





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scribe@cynagua.westkingdom.org

Bard of Cynagua: Tuathflaith ingen Maedoc/916-706-2990 /
bard@cynagua.westkingdom.org

Groups and Guilds

Brewers' Guild: Michael of the Shire (Mike Saunders) / 916-420-3459 /
miachoftheshire@gmail.com

Chirurgeon's Guild: Rhys ap Gwion Baird / 916-425-1917 /
Cliftonmuller@gmail.com

Camerata Cynaguae: (period music performance, vocal and instrumental); rehearsals every Tuesday, 7:30-9 pm call for location. Contact: Gwenhwyfaer ferch Gwilym (Ginni Morgan) / (916) 799-3515 / ginni.morgan@doj.ca.gov
Camerata website: www.cameratacynaguae.org

Copper Spoon: Gwyn Chwith ap Llyr (Glen Gorsuch) 530-877-3865

Culinary Guild: Tashi of Falcons Claw (Debbie Greco) / 209-824-0931 /
No calls after 9:00 PM please / djgreco2001@yahoo.com

Guild of St. Hildegard (Herbalists): Tashi Falcons Claw (Debbie Greco) / 209-824-0931 /
no calls after 9:00 PM please / cynaguaherbs@yahoogroups.com

Sable Swan Needleworkers Guild: Micheila MacCallum (Kim Gallagher) /
Kim@gallagherclan.net

Local Branches

(Note: All Seneschalate changes MUST be approved by the Principality seneschal and be listed in the Page prior to publication.)

Belogor, Shire (Siskiyou & Moco Co.): Nancy of Edgewood Castle (Nancy Duncan) /530-921-3192/23205 Slough Rd. Edgewood, CA 96094
seneschal@cystalmist.westkingdom.org

Bestwodeshire, Shire (Tehama and Shasta Co.): Cathal MacClay (Terry Shackelford) / 530-528-8832 / bestwodeshire@cynagua.westkingdom.org Meetings – contact Seneschal for time/date/location. Fighter practices are every Thursday at Anderson River Park 7 pm.

Bryniand, Shire (Dormant) (Calaveras & Tuolumne Co.) /Contact Principality Seneschal
Canale, Shire (Southern Stanislaus and Merced Cos.): Adam de Lancaster (Bill Yorker)/ 209-634-4034 / canale@cynagua.westkingdom.org

Mtg: 2nd Wed, call for location. Fighter Practice call the Seneschal

Champclair, Shire (Eastern Solano Co.): Edith of Swanesdale (Edith Lebednik-Crank) /707-301-8031 / champclair@cynagua.westkingdom.org

Dangeld Tor, shire (NE Sacramento and Placer Co) Margaret Pye (Haley Zerr) / 530-723-2983 / danegeldtor@cynagua.westkingdom.org Shire meetings every second Tuesday of the month, 7:30 pm, Coco's Restaurant 7887 Madison Avenue, Citrus Heights at the corner of Madison and Sunrise Blvd.

Fendrake Marsh, Shire (Churchill & Lyon Cos. NV): Douglas Scronce / 775-217-4718 / fendrakemarsh@cynagua.westkingdom.org / www.fendrakemarsh.org

Fettburg, Barony (San Joaquin and Northern Stanislaus Cos.): Raven of Drachen Heim (Scott Tibbedeaux) /209-607-6839/209-932-9785/ fettburg@cynagua.westkingdom.org

Baron/Baroness: Turstan of Silverdale and Tamar (Andrew Barrera and Rita Barrera) 209-565-4652/209-565-1066/ www.fettburg.org for activity calendar

Golden Rivers, Province (Central Sacramento Co.): Katrina Yarbrough, THL (Tammera Gulliver)/ 916-757-8769/ 9008 New Dawn Dr. Sacramento, CA 95826/goldenrivers@cynagua.westkingdom.org/. <http://www.goldenrivers.org> Equestrian Practices, 3rd Sundays, contact Gwen: equestrian@goldenrivers.org

Mont d'Or, Shire (Nevada Co.): Fionnghuala of Cynagua (Krista Woodford) / 530-559-7874 / Montdor@cynagua.westkingdom.org

Mountain's Gate, Shire (El Dorado Co.): Michael of the Shire / 916-420-2459 / 2141 Enchanting Trail Cool CA 95614/mountainsgate@cynagua.westkingdom.org /www.mountainsgate.org/http://groups.yahoo.com/group/theshireofmountiansgate/

Rivenoak, Barony (Glenn and Butte Cos.): Muirenn ingen Brain / 530-230-7437
(between 6:30 and 10:00 pm) / rivenoak@cynagua.westkingdom.org
Baronial Mailbox: PO Box 2343 / Chico CA 95927

Baron/Baroness: Thor Stagge/Eowyn / (W. Jay Coughlin and Molly Coughlin) 530-894-1993 / Mad4dmouse@aol.com / Baronial Yahoo Group:
<http://groups.yahoo.com/group/rivenoak/>

St. Cassian of Imola, College (Dormant) (Sacramento State U): Contact Principality Seneschal.

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Good people of Cynagua, we know you have talent! Submit to The Vox!

We know you can draw, we know you can take pictures, we know you can do unnatural things with those pictures in Photoshop. Further, we know you have writing talent as well.

We know there is a long history of bardic excellence in Cynagua and that only skims the surface. Out there, among her people, the skills of the swan lie dormant and now is the time to put those skills into service. If you have songs, poems, drawings, photos or anything else that you think might be of any use to the Chronicler of Cynagua, let her know. Email to: chronicler@cynagua.westkingdom.org. The Vox Cynagua is Cynagua's voice, not just that of her royalty or officers, but that of her people as well. Make your voice heard!

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