VOX CYNAGUAE

The Newsletter for the Principality of Cynagua, Kingdom of the West—Spring Coronet AS LIII



$\overline{}$ Help Wanted

This is a list of Officers who need a deputy or a successor. Please consider volunteering; it's a lot of fun and a great way to keep Our Principality going. Please Contact the Officers directly for more information. Details on how to contact them can be found in Regnum at the back of the Vox.

Chronicler: Deputy

Constable: Deputy/Successor Copper Spoon: Successor ASAP Exchequer: Deputy/Successor

Equestrian: Deputy

Minister of the Bow: Deputy

Seneschal: Deputy

Regalia: Deputy/Successor **Web Minister:** Deputy ASAP

Youth Point Minister: Successor/Deputy

ASAP

About the cover:

Cover Art Credit To: Robear de Perceval

This is a photograph of a beautiful piece of art, and though not completely accurate today, it is an excellent representation of the territories of the Principality of Cynagua, and some of the artistic ability of Her populous. It was gifted to Viscount Bjorn and Viscountess Hilarie during their reign in AS 48/49.

Dreaming

I return to The Dream again and again With a wish in my heart for chivalry and honor.

The Dream lets me step out of myself To say and do things that make me a better person.

The Dream brings me joy When I see others participate with passion.

The Dream helps me grow
As I find opportunities to serve others.

The Dream takes me into a better world Where gentle people treat each other with courtesy.

The Dream lets me enjoy my children As we play the game together.

The Dream helps me develop my talents To sing, to draw, to paint, to sew.

The Dream is just a dream, and yet I find it every day in the SCA.

Emma Westbrook



Words from the Prince and Princess

Greetings Fair Cynagua!

Welcome to Coronet! We are looking forward to this weekend with great joy and anticipation! Our List will be a standard double elimination tournament, with West Kingdom armor standards. Helms will be as worn. His Highness has requested that if you choose to fight with two weapons, that it is sword and sword, or sword and dagger. No other combinations will be allowed. Two handed weapons are allowed.

It should be a really wonderful weekend, with many fun activities planned! There will be Equestrian activities on the Lists field on Saturday. There is a Fairyland Fete on Sun night, which is a themed costume party hosted by Us. Prizes will be given for various categories. Woodland creatures, fae of all kinds, all are welcomed!

Monday morning during the Princess' Tea, the Princess has invited all to come and enjoy games while partaking of the tasty treats of the Tea. There will be physical games, board games and trivia games for all ages.

Lastly, as announced at Our Investiture, We have been looking at different ideas for how to move forward with discussing the Cynaguan Kingdom idea. After a lot of conversations. We have made a decision.

On Saturday, We will be hosting a gathering to discuss these issues. All are invited to join Us, We would like to hear from all Westerners, as this idea affects us all.

We are greatly enjoying Our time upon the Swan thrones. Thank you for your love and support. You are the reason We believe.

Kith and Arianwen

Prince and Princess of Cynagua



- TWENTY TWO -

Greeting Unto the Populace of Cynagua -

This Memorial Day weekend we honor those who gave the ultimate sacrifice for our freedom. A memorial table will be erected in remembrance of our Fallen Soldiers, Prisoners of War, or Missing in Action. This table will be in a place of honor on the eric.

Every day twenty-two veterans take their own lives due to their battle with Post Traumatic Stress Disorder. To help raise awareness, we invite and encourage members of the populous who wish to show their respect to stand guard at the memorial table for 22 minutes through the weekend - regardless of prior service.

In addition, Their Highnesses have requested a seat to remain empty during court in honor of the brave men and women who have given their lives defending our nation. The chair will be marked with a folded American flag and will remain in the royal pavilion through the weekend. We ask that respect be shown to these items during the weekend.

Also, it is asked that the populace help to keep our youngest and most curious members from playing on or with the items.

Yours in Service,

Viscountess Catherine de Mailly Baroness Dolce Olivia Veneziana

- TWENTY TWO -

The table will be set in the symbolic way as is traditional in the armed forces.

- The table will be set for one, it is small, symbolizing the frailty of one isolated prisoner.
- The tablecloth is white, symbolic of the purity of their intentions to respond to their country's call to arms.
- A single red rose in the vase, signifies the blood that many have shed in sacrifice to ensure the freedom of our beloved United States of America.
- The yellow ribbon on the vase represents the yellow ribbons worn on the lapels of the thousands who demand with unyielding determination a proper accounting of our comrades who are not among us today.
- A slice of lemon on the bread plate represents the bitter fate of the missing.
- Salt sprinkled on the bread plate is symbolic of the countless fallen tears of families as they wait.
- The inverted glass represents the fact that the missing and fallen cannot partake.
- A lit candle is reminiscent of the light of hope which lives in our hearts to illuminate their way home, away from their captors, to the open arms of a grateful nation.
- The empty chair for the missing and fallen who are not present.

EVENT SCHEDULE

Anyone wanting to get involved in SCA Equestrian activities: Ground Crew is a vital job and a good way to become familiar with the games we play. See Siobhan if you are interested in helping in any of the many opportunities this weekend.

SATURDAY

- :. Fundraiser breakfast supporting Bees for Vets 8:30am
- ∴Cynaguan Royal Artisans display Saturday 12 2pm Arts & Sciences sunshade
- : EQ Games Prize Tourney on the Lists Field after court/1pm
- .: EQ Meet and Greet the Horses on the Newcomer Tour Covered arena, time TBD.
- ∴EQ Desensitizing Horses to Fighters/Weapons Lists field, 4 PM
- Sable Swan Needleworkers Guild Meet and Greet Salon
 Celtic Dogs sunshade on the eric all day
- : Bard of Cynagua competition class/workshop
- : Cynaguan Kingdom discussion afternoon/evening open to all
- : Competition for Bard of Cynagua evening after last court.

SUNDAY

- .: Coronet Tournament
- ∴Sable Swan Needleworkers Guild Meet and Greet Salon Celtic Dogs sunshade on the eric - all day
- : EQ Contact Games (tag, crest combat, mounted combat, joust skills practice) on the List Field after the Tournament
- ∴ Fairyland Fete 8pm

MONDAY

- :. Lord Defender Tournament
- ∴Princess' Tea
- ∴ Site closes at 4pm

YOUTH POINT SCHEDULE

SATURDAY

9:00-11:00 Horse Making - Evenstarkeep, Prize Horse Making - Lady Sybil the Disobedient 11:00-12:00 Dragon Making - Mistress Linnet Hatfield 12:00-1:00 Break for lunch 1:00-3:00 Popinjay Shoot - Master Edward LeKervere 1:00-3:00 Drumming Class - Lord Rhys a Gwinn Baird 3:00-4:00 Horse Racing - Lady Siobhan ni Seaghdha

SUNDAY

11:00-12:00 Hop Scotch and other games -Youth Chancellor Viscountess Brenna Bethan 12:00-1:00 pm Break for lunch 1:00-2:00pm Making Cookies for the Princess's Tea-Baroness Teresa Maria Isabella Castro 2:00-3:00pm Heraldic Yoga Class -Lady Brigid O'Connor

MONDAY

10:00-12:00 Princess's Tea



Heat related injury

As summer approaches, it's a great time to remind everyone of the dangers of heat related injury. This will be a quick review of risk factors, recognition of symptoms, first aid treatment, and when to call for help. (This will not include info about sun exposure-but wear sunscreen!)

First off, heat is subjective: young and healthy people from a colder environment may overheat in what is a normal summer environment for others; such as Oerthans travelling down to Caid for GWW. Other risk factors, which encompass most of us, include: strenuous exercise, poor physical fitness, obesity, dehydration, acute or chronic illness, and external load (i.e.: garb, armour, etc.). In addition, several common medications such as cold and blood pressure medication and alcohol use.

These factors cause a rise in body temperature that is harmful for the same reasons a fever is harmful: damage to major organs and the brain from being outside normal body temperatures. The same temperature ranges for fever apply, but a normal temperature taking device will not work for this. The first symptoms may be difficult to detect, as they are similar to simply being in a warm environment such as sweating and feeling hot. These progress to actual heat injury symptoms such as profuse sweating, chills, pale skin, weakness, muscle cramps, headache, nausea, dizziness, disorientation, and fainting. Due to the disorientation that you see in some people, this is sometimes called "fighter brain" but it is important to realize that it can happen to anyone, even observers, marshals, etc.

Now what? First thing to do is get out of the sun! To help prevent this, try not to stand in the sun between battles or fights. Get to the shade and then shed gear. Remove all extra layers of clothing and armour and sit or lay down. Have someone bring you a cool (not cold) non-alcoholic drink and eat something light if you have not eaten a normal amount during the day - we've seen this happen in a fighter who had nothing but beer and a Slim Jim in the last 24 hours! Be OK with your body telling you that you are done for the day. Also, be open to suggestions from your consort, chirurgeon, or marshal. If someone mentions you are looking pale or confused, listen to them and take a break!

Once you've spent 15-30 minutes in the shade, extra clothing removed, and had a drink and a snack, evaluate yourself to see if you are ready to continue for the day - but remember that subsequent episodes may happen more easily after the first, and become more dangerous! Some symptoms that do not go away may indicate something more serious, such as disorientation due to a concussion. If the symptoms mentioned above are accompanied by chest pain, arm or jaw pain, shortness of breath, or if symptoms are not alleviated by shade, rest, and snacks, it is time to call for emergency help - at this point it is probably best to let others know what is going on!

Disclaimer: The above article is informational only and not a substitute for medical advice - seek a medical professional or dial 911 if you are having a medical emergency.

:. Wilhelm Appatheker vom Schwartzwalt is a heavy fighter and chirurgeon, and an ER pharmacist in mundania. Information from uptodate.com (Exertional heat illness in adolescents and adults) used for this article.

Pancake Breakfast Fundraiser benefiting Bees4Vets

- : When: Spring Coronet Saturday morning starting ~8:30am
- .. Where: On the Eric, at the white pavilion with blue stripes
- : What: Food!! Pancakes, sausage, coffee, orange juice, tea
- ... Why: Benefit fundraiser for Bees4Vets. Bees4Vets' mission is to assist military veterans impacted by PTSD or TBI who are trying to transition back into the general workforce through vocational beekeeping experiences in the local community; combining outdoor activity, education and community outreach to create an environment of support and training for our veterans. The program is completely free to the veterans. Your support helps to provide equipment (bee jacket, smoker, hive tool), and hives (boxes, frames, bees) for the veterans. The program is 100% staffed by volunteers which means 100% of your donations go to the program.
- ...Bring: Your money & feast gear. A small amount of paper plates/plastic ware will be available for folks that are day tripping. Suggested minimum donation \$5; more is fantastic.

Thank you to Baroness Teresa & Baron Mahon for graciously volunteering to cook and make the fundraiser possible. Thank you to all who come to make donations & eat!

Bees4Vets Helping Veterans have a Sweeter Tomorrow



A Viscountess's thoughts on the concept of "Honor"



When you walk on the field you are not you. You are your consort's honor.

You don't just carry that honor you ARE that honor.

With every blow you throw and every blow you take, or don't take, you either grow or shrink that honor.

When you look in the eye of your consort you see reflected back, their honor.

Are they proud?

Should you be granted final victory, when you walk off the field you are still not you. In fact, you will not be just you for a very long time.

You will be the honor of all of Cynagua. When Cynagua looks back at you what will you see reflected in her eyes? Are you proud?

Mistress Sylvie la Chardonniere Reprinted from the October 2016 Vox

How Can I Help A Newcomer?

The good news is that participation is up in Cynagua and we have lots of new and returning SCAdians to help keep our dream alive. The even better news is that there are tons of ways you can help our newest family members get a strong start. Let's talk about just two of them for now:

Keep It Chill – When first participating in the SCA; overwhelm can happen all too easily. Make sure that newcomers know that your proverbial door is open but don't pounce on them. We know it is exciting for us to have new folks and there is so much to tell them and show them and teach them and we need new members for our guild/household/war unit/officer positions/feast server/etc... but let's slow down and let these folks decide where they want to go, what they want to explore and what folks they want to associate with. If they are meant to be a member of your group, they will find you. If you want to let newcomers know about what you or your group have to offer, please join and post on our Cynagua Newcomers FaceBook Group.

Donate Time – Can you help a newcomer sew their first tunic? Are you willing to weave a few belts for newcomers on your loom? Do you have garb or armor that you are willing to donate for loaner programs? Please let me know or post to the Cynagua Newcomers FB group.

YIS

Lady Sunwolf
Cynagua Chatelaine
chatelaine@cynagua.westkingdom.org

UPCOMING EVENTS

6/2	Kingdom Collegium
6/22-24	June Crown
7/4-8	An Tir/West War; Gold Beach, OR
7/14	Cynaguan Summer Investiture
8/11	Silver Desert Championship
8/24-26	Purgatorio Coronation
8/31-9/3	Ducal Prize
9/7-9	Mists/Cynagua War
9/14-16	Kingdom Arts and Sciences Tournament
9/21-23	Silver Desert Collegium
9/29	Rivenoak Championship
9/30	Danegeld Tor Rapier Championship
10/3-8	Great Western War (Caid)
10/12-14	October Crown Tournament
10/20-21	Silver Desert Agincourt
10/20	Bestwode Championships and Harvest Feast
10/26-28	Cynagua Fall Coronet
11/3	Fendrake Marsh Plague Feast
11/11	Cynagua Archery Championship
11/16-18	Rivenberg War
11/24	Golden Rivers Anniversary Banquet
12/1	Fettburg Yule Feast
12/8	Rivenoak Yule Feast
12/15	Silver Desert Yule

For more event information, go to: westkingdom.org/calendar/sca



Our bi-annual Officers meeting will be on June 3rd, from 11:30 to 4pm at the Round Table Pizza at 9500-1 Greenback Lane, Folsom CA 95630. Members of the populace are welcome to attend - especially if you are considering taking an office at any level in the SCA.

Their Highnesses, Kith and Arianwen, wish to invite the populace to come and witness the Investiture of Their Heirs, the Lord and Lady of the Swan.

Event Steward: Morwenna of Tintagel (Morwenna McKinley) wenna.kelticdawn@gmail.com

Investiture Summer 2018 Menu Ap Daffyd's cooking team with Anastasia Grindstead as Head Cook.

Please come and enjoy this delicious feast with friends and family after the Investiture of their Highnesses of Cynagua.

Beer Bread and Butter
Cheese, Egg, Bacon pasties
Sausage & Kraut
Chicken & Pear Stew over Barley
Pork Roast with Apples & Sauce – Dumplings &
Gingered Carrots with Red Onions
Candied Nuts [Walnuts and Almonds] Cheese & Apple
Tart

Those wishing to feast with us that have dietary restrictions, please contact the Head Cook, Anastasia Grindstead, no later than June 30, 2018. E-mail: baronessanastacia@gmail.com

Feast Tickets are \$10 and can be purchased through the Cynaguan Exchequer, Edmond of Surrey, Kris Gulliver on Facebook, or via email at exchequer@cynagua.westkingdom.org

Woodland Masonic Lodge 228 Palm Ave, Woodland CA 95695

Saturday July 14, 2018 Site opens at 9 AM and closes at 9 PM

Site Fee:

\$15 for members, \$20 for non-members. Minors 17 and under are free! No family cap.

From the North, South or East, take I-5 to Woodland. Take the Hwy 113 North Yuba City exit.

**At the light, turn left onto East Street. Just past the rice mill, turn right onto Kentucky Ave. Take the first left turn onto Palm Ave. The lodge is the big white building on the left, with a big blue square and compass on the front. There is parking behind the building.

From the West (Bay Area) take I-80 to Davis and take Hwy 113 North to Woodland. Hwy 113 will merge with I-5 North. Take the next exit, Hwy 113 North Yuba City, and proceed as from ** above.

Carpooling is suggested due to limited parking availability.



From The Principality Seneschal

Please let me, first, take the time and thank Viscountess Catriona Morgan for all she has done for our fine Principality. She has worked tirelessly and has been an asset to the Principality of Cynagua. If you get the chance, please thank her for all the incredible hard work she did for us all.

The time has come, once again, for martial Combat to select our next Heirs to the Cynaguan thrones. I am anxious to serve their current Highnesses and their successors. I look forward to serving the Principality of Cynagua to the best of my ability.

Our Principality is filled with people that are fine gems on a tapestry of our great Cynagua. I love Cynagua from its frosty winter peaks to its fiery summer valleys. I will do my best to support the populace of our diverse lands and serve them with honor and integrity.

Yours in Service

Lord Gavin Conall of Greenlaw Seneschal, Principality of Cynagua

seneschal@cynagua.westkingdom.org



From the Youth Point Chancellor

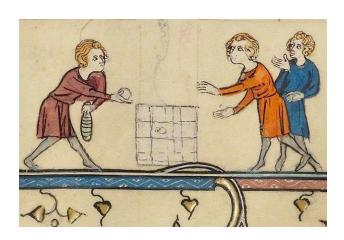
Greetings to the populace of Cynagua,

We plan on celebrating the Youth of Cynagua by doing the classes they have asked for; including making hobby horses, having hobby horse races, and other activities. I look forward to working with the youth of Cynagua, the young at heart, and those who will teach these youth. If you would like to join us in teaching a class, you can contact me at the Cynagua Youth Point page on Facebook, or by emailing me.

In your service

Viscountess Brenna Bethan Youth Point Chancellor

pageschool@cynagua.westkingdom.org





From the Senior Equestrian Marshal and Equestrian Minister

The Cynaguan Equestrian officer is responsible for promoting the Equestrian Arts within the Principality.

The Office is under the Marshalate and so, you file quarterly reports on activities (equestrian practices and events with horses at them) to the Cynagua Marshal. However, you also send that same report to the Kingdom Equestrian Officer so that individual can complete his/her report to the Kingdom Marshal.

This person should be an active SCA equestrian but does not have to be a horse owner. The current officer would love some Deputies!

Currently, we have active equestrian practices in Golden Rivers, Canale and Silver Desert. Practices are a great place for someone new to SCA equestrian or new to horses in general to be able to become familiar with what we do.

Practices are the best place to get authorized to ride at SCA equestrian events.

We allow both riding and driving in the SCA. HOWEVER, you may never bring an equid to an SCA event unless the equestrian insurance has been activated – even if it is a mini and is only being led around!!!!

We engage in many of the drills that our ancestors used to practice war and hunting – beheading the enemy, picking rings off of head high hooks, stabbing 'pigs' on the ground, throwing javelins into hay bales, horse archery, mounted crest combat and mounted combat and jousting with foam tipped lances. We engage in the Arts of riding too – riding patterns in beautiful form, running challenge courses, researching about horses in period, creating both riding garb and decorative 'clothing' for the horses.

Even if you do not want to ride or drive, you can participate in the research. In addition, no equestrian activity can occur without ground crew to manage re-setting the equipment and watching for safety concerns.

If you are interested in Equestrian activities in Cynagua, please reach out to me!

Siobhan ni Seaghdha, OP Senior Eq Marshal Cynaguan Equestrian Officer

equestrian@cynagua.westkingdom.org





From the Constable

Greetings from your Friendly Neighborhood Constable!

Stationed at the front Gate, I am the first face you see when you get to an Event. I also am the person who walks around at night to every camp to make sure all is well, and that all fires are being manned and safe.

If you would like to learn more about what a Constable does, please stop by Gate and I will be glad to tell you more. Cynagua is always looking for good Constables.

Also - if you think you may have left one of your very precious treasures at an event, please stop by Gate to see if it might have found its way into my Lost and Found.

In your service,

Lady Asillinn O Gallchobhair Constable of Cynagua

constable@cynagua.westkingdom.org



From the Lists Mistress

Greetings Cynagua! As we gather to witness the tournament to select new Heirs to the throne, I'd like to take a moment to remind everyone of some basic Lists Field Etiquette.

Fighters - *please* pay attention to the Heralds on your field. When you're called to Arm and Stand Ready - please do so.

Taking one last drink of water, putting your helm back on, adjusting the straps, picking up your shield, putting your gauntlets back on, setting your lanyard in position, and getting a good grip on your sword probably takes more time than you realize.

Remember that although you are hot and tired from fighting, the supporting volunteers are hot and tired from keeping things running smoothly.

If you delay your field, the effects ripple outward, affecting not only your opponent, but also your Marshals, Herald, the Page on your field, and the Lists people.

We're all here to have a good time, and remember - Courtesy is Knightly!

In service to Cynagua,

Treásach Þjóðhagi Lists Mistress of Cynagua

lists@cynagua.westkingdom.org

From the Bard of Cynagua

The annual competition for Bard of Cynagua is set for Saturday evening after last court. Performers of all types are encouraged to display their skill in four categories:

- 1: A piece to honor Cynagua, the Coronet Tournament, and/or their Highnesses.
- 2: A "period" piece, with basic documentation up to one page. Documentable period style may be acceptable.
- 3: Your best performance piece.
- 4: Roast your friend With permission from someone you admire, a piece to make the audience laugh. Cooperation with the target is encouraged.

(Examples: Thomas Bordeaux's "I'm a Duke and You're Not" or Brendan O Corraidhe's "Iolo's Song")

Short, well-rehearsed performances are always an advantage in this sort of competition. No need to recite the whole of Henry VIII when a limerick would impress.

There will be a class / workshop during the day on Saturday to help contestants prepare for the Bard of Cynagua competition - but all are welcome. Musical instruments are encouraged (if you play one) but only your enthusiasm is required.

Alan Tynneker Bard of Cynagua

bard@cynagua.westkingdom.org

For my first issue of the Vox, I reached out to all the territory Seneschals and asked for a bit of information about their areas. I was hoping to get an overview including such information as where they are located, how often they have meetings/fighter practice/gatherings/A&S nights, and to learn a bit about their culture. These were the responses I received. ~Treásach. Chronicler





Greetings!

The Shire of Windy Meads covers Yolo County (West Sacramento, Davis, and Woodland). Our Seneschal is Menault le Rouge and can be contacted via email at WindyMeads@cynagua.westkingdom.org or menaultlerouge@gmail.com and our Chatelaine is Sean who can be contacted at spmdothack@gmail.com. We do not have an official fighter practice or regular meeting day, but we do announce meetings, gathers, and A&S days on our Facebook group which can be found at https://www.facebook.com/groups/409695855792198/

Yours In Service,

Menault le Rouge Seneschal, Windy Meads

WindyMeads@cynagua.westkingdom.org



The Province of Golden Rivers has a very long history dating back to October of AS IV (1969). According to an entry in the History by Wilhelm von Schlüssel, Golden Rivers was originally the Province of Llyd. Then in March AS V (1971) petitioned and were granted a change to a Barony and a name change to Golden Rivers. The first Baron and Baroness were David and Cheryl of Castlewhyte (Twelfth Night AS VII (1974)) then Kevin Peregrynne and Patrice di Coeur Fidel were Baron and Baroness from October 1974 until GRAB 1978. When Kevin and Patrice planned to leave the area, it was decided to change Golden Rivers to a Province, as there were no qualified people to take over as Baron and Baroness. This year at GRAB will be our 40th year as a Province!

If you are interested in getting to know our fair Province and the many activities that are available, then gather is the place to meet! Every Wednesday we start "gathering" around 7pm. Often people meet afterwards at a local nearby family friendly restaurant. This Wednesday night gather is held at:

Rosemont Community Park

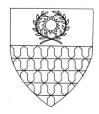
9328 Americana Way—behind Albert Einstein Middle School Sacramento, CA

On Monday nights Golden Rivers scribal is hosted at the home of Morwenna (Golden Rivers Seneschal) and Anastasia (Golden Rivers A&S Officer), The mission of this scribal is to create scrolls for people with awards, as well as learning this creative art form. Then on the 1st and 3rd Thursdays of the month are A&S night. We often have guest teacher to instruct in various arts and sciences or suggest something you want to learn! We start at 7pm and go as late as 10pm (you are welcome to come as early as 6 pm to chat and/or have dinner). If you are interested in scribing, illustration, painting or just hanging out with a bunch of creative people please stop by at: 5508 Village Oak Court Sacramento, CA 95842.

Morwenna of Tintagel Seneschal, Province of Golden Rivers

wenna.kelticdawn@gmail.com www.goldenrivers.org





From the lands of the Shire of Champclair, we send greetings unto the Principality of Cynagua! Our Shire is thriving here on the edges of the Principality. Mundanely, we cover the Cities of Suisun, Fairfield, Vacaville, Dixon, and Rio Vista. To our East, the great Principality of Cynagua unfolds before us, stretching far to the north and south. To our West, we find the lands of the Mists, as our western border is also the border of this great Principality we call home.

We are a small but mighty Shire who are always looking to grow and expand both within our borders and by participating with those around us! To support this effort, we hold a monthly business meeting on the second Wednesday of every month. Please visit us on Facebook at the group 'Shire of Champclair' or message the Seneschal for more information.

Edith of Swanesdale

Seneschal, Shire of Champclair champclair@cynagua.westkingdom.org



From the Chronicler

Being new to the office means I do not have a queue of items waiting to be printed, so I need your submissions and corresponding release forms.

Officers, Autocrats, Guilds - if you have information to share, send it to me. Are there upcoming competitions in Cynagua? Fund raising efforts? Special formats for tournaments? Community goals you'd like help with? Is there interesting news that others should know about? Send it to me! It doesn't take much; around 250 words will fill a page in the Vox nicely.

I need photographs, artwork, stories, poems, articles, etc. If you have a few minutes, consider sending me a doodle that would make a good page divider or corner, or border, WHATEVER!

I post reminders in the Principality and area Facebook pages asking for submissions in the weeks leading up to the deadline.

Without your submissions, this is going to be a very boring newsletter. Please don't make me write a bunch of stuff; no one wants to see that!

I am also in need of at least one Deputy. If you have any interest, you can email me, find me on Facebook, or at an event. I'd be thrilled to answer any questions you may have.

The deadline for the Summer Investiture issue is June 30. Send items early, and often!

In service to Cynagua,

Treásach Þjóðhagi Principality Chronicler

chronicler@cynagua.westkingdom.org

PS – As an example; this page minus header is roughly 245 words.



Prince and Princess Kith and Arianwen

(Guilherme Arnold and Victoria Poh)
Kith: 312-330-5101/Arianwen: 209-329-3914
royals@cynagua.westkingdom.org

Lord and Lady of the Swan

heirs@cynagua.westkingdom.org

Greater Officers

Arts & Sciences: Linnet Hatfield (Roxanne Hatfield) /916-806-0615/

ans@cynagua.westkingdom.org

Chronicler: Treásach Þjóðhagi (Treásach Mulligan) / 916-425-5831 /

chronicler@cynagua.westkingdom.org

Constable: Asillinn O Gallchobhair (Robin Burgett) /350-415-5365/

constable@cynagua.westkingdom.org

Exchequer: Edmund of Surrey (Kristopher Gulliver) 916-705-2194 /

9008 New Dawn Dr. Sacramento, CA 95826/ exchequer@cynagua.westkingdom.org

Marshal: William Hawke of Effingham (Warren Capps) / 210-744-2187

marshal@cynagua.westkingdom.org

Deputy: Heavy: Walerich von Bredereke (Patrick Oliver) / 209-450-5133 **Missile Combat:** Michael of the Shire (Mike Saunders) / 916-420-3459 /

missilemarshal@cynagua.westkingdom.org

Rapier: Vacant / rapiermarshal@cynagua.westkingdom.org

Sable Swan Herald: Caoilinn Rose Maddox (Ann Marie Boune) / 916-661-2129 /

herald@cynagua.westkingdom.org

Seneschal: Gavin Conall of Greenlaw (Brent M Moore) / 530-870-7616 /

alt. 530-870- 8644 / seneschal@cynagua.westkingdom.org

Web Minister (Interim): Aurora Komnene (Ruth Ann Van Vranken) / 775-393-9461 / webminister@cynagua.westkingdom.org

Lesser Officers

Chatelaine: Sunwolf Naran Shona (Dawn Grove) / 916-600-9973/

chatelaine@cynagua.westkingdom.org

Gold Key: Berta Mallory (Jessica Mallory) / 916-508-6147/

goldkey@cynagua.westkingdom.org

Equestrian Minister: Siobhan ni Seaghdha (Dianne Karp) / 775-742-1457 /

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Sable Swan Scribe: Moira O'Connor (Carol Whitney) 916-706-2990/

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Groups and Guilds

Brewers' Guild: Michael of the Shire (Mike Saunders) / 916-420-3459 /

miachoftheshire@gmail.com

Chirurgeon's Guild: Rhys ap Gwion Baird / 916-425-1917 /

Cliftonmuller/gmail.com

Camerata Cynaguae: (period music performance, vocal and instrumental); rehearsals

every Tuesday, 7:30-9 pm call for location. Contact: Gwenhwyfaer ferch Gwilym

(Ginni Morgan) / (916) 799-3515 / ginni.morgan@doj.ca.gov

Camerata website: www.cameratacynaguae.org

Copper Spoon: Gwyn Chwith ap Llyr (Glen Gorsuch) 530-877-3865

Culinary Guild: Tashi of Falcons Claw (Debbie Greco) / 209-824-0931 /

No calls after 9:00 PM please / djgreco2001@yahoo.com

Guild of St. Hildegard (Herbalists): Tashi Falcons Claw (Debbie Greco) / 209-824-0931 /

no calls after 9:00 PM please / cynaguaherbs@yahoogroups.com

Sable Swan Needleworkers Guild: Micheila MacCallum (Kim Gallagher) /

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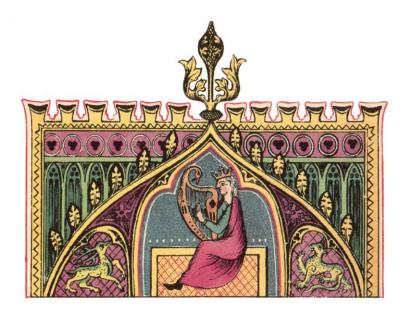


Local Branches

- (Note: All Seneschalate changes **MUST** be approved by the Principality seneschal and be listed in the Page prior to publication.)
- Belogor, Shire: (Siskiyou & Modoc Cos.): Contact Principality Seneschal
- Bestwode, Shire: (Tehama and Shasta Co.): Tzipah the Healer (Sherry Barret) / 510-750-4310 / bestwodeshire@cynagua.westkingdom.org /
- Bryniaid, Shire: (Dormant) (Calaveras & Tuolumne Cos.): Contact Principality Seneschal.
- Canale, Shire: (Southern Stanislaus and Merced Cos.): Adam de Lancaster (Bill Yorker) / 209-634-4034 / 1840 Blevins Court Turlock, California 95380 / canale@cynagua.westkingdom.org /
- Champclair, Shire: (Eastern Solano Co.): Edith of Swanesdale (Edith Lebednik-Crank) / 707-301-8031 / champclair@cynagua.westkingdom.org /
- Danegeld Tor, Shire: (NE Sacramento and Placer Co.): Meash White (Melisa White) / 707-342-0135 / danegeldtor@cynagua.westkingdom.org /
- Fendrake Marsh, Shire: (Churchill & Lyon Cos. NV): Collin Scott (Craig Oakley Butcher II) / 775-217-4103 / fendrakemarsh@cynagua.westkingdom.org / www.fendrakemarsh.org /
- Fettburg, Barony: (San Joaquin and Northern Stanislaus Cos.): Raven of Drachen Heim (Scott Tibbedeaux) / 209-607-6839 / fettburg@cynagua.westkingdom.org / Baron/Baroness: Turstan of Silverdale and Tamar (Andrew Barrera and Rita Barrera) / 209-565-4652 / 209-565-1066 / www.fettburg.org for activity calendar.
- Golden Rivers, Province: (Central/South Sacramento Co.): Morwenna of Tintagel (Morwenna D. McKinley) / 916-792-1781 / goldenrivers@cynagua.westkingdom.org
- Mont d'Or, Shire: (Nevada Co., Dormant): Fionnghuala of Cynagua (Krista Woodford) / 530-559-7874 / MontdOr@cynagua.westkingdom.org /
- Mountain's Gate, Shire: (El Dorado Co.): Michael of the Shire (Michael Saunders) / 916-420-2459 / 2141 Enchanting Trail Cool CA 95614 / mountainsgate@cynagua.westkingdom.org / www.mountainsgate.org / http://groups.yahoo.com/group/theshireofmountainsgate /
- Rivenoak, Barony: (Glenn and Butte Cos.): Jose Ramirez de Coronado (Doug Coronado) 530-400-9960 / rivenoak@cynagua.westkingdom.org Baron: Kettil Svandrengr (Shane Will) / 530-680-8171 / ShaneWill1138@gmail.com / Baronial Yahoo Group:
 - http://groups.yahoo.com/group/rivenoak /
- St. Cassian of Imola, College: (dormant) (Sacramento State U): Contact Seneschal.
- Silver Desert, Province: (Washoe Co, Battle Mountain, Elko, & Wells, NV):Daniel de Blare (Daniel Fenwick) / 775-359-6485 / silverdesert@cynagua.westkingdom.org / http://groups.yahoo.com/group/silverdesert / http://www.silverdesert-sca.org /
- Thistletorr, Shire: (Colusa and Sutter Cos.): Stephen McAlpine / 530-755-0242 / thistletorr@cynagua.westkingdom.org.
- Vakkerfjell, Shire: (Yuba Co.): Arjac (Jacob Cropper) / 916-396-9033 / vakkerfjell@cynagua.westkingdom.org /
- Windy Meads, Shire: (Yolo Co.) Menault le Rouge (Amanda Miura) / 510-673-1509 / windymeads@cynagua.westkingdom.org

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Cynagua Lands and Borders cover; Robear de Perceval The Royalty of Cynagua, Kith and Arianwen; Caleb Maxwell Dividers on pages 9, 12, 13, 15, and 23; Emma Westbrook



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Good people of Cynagua, we know you have talent! Submit to The Vox!

We know you can draw, we know you can take pictures, we know you can do unnatural things with those pictures in Photoshop. Further, we know you have writing talent as well.

We know there is a long history of bardic excellence in Cynagua and that only skims the surface. Out there, among her people, the skills of the swan lie dormant and now is the time to put those skills into service. If you have songs, poems, drawings, photos or anything else that you think might be of any use to the Chronicler of Cynagua, let her know. Email to: chronicler@cynagua.westkingdom.org. The Vox Cynagua is Cynagua's voice, not just that of her royalty or officers, but that of her people as well. Make your voice heard!

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