

VOX



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CYNAGUAE

The Newsletter for the Principality of Cynagua, Kingdom of
the West—January Investiture (2016)

HELP WANTED

This is a list of Officers who need a deputy or a successor. Please consider volunteering; it's a lot of fun and a great way to keep Our Principality going. Please Contact the Officers directly for more information details on how to contact them can be found in regnum at the back of the Vox.

Chronicler: Deputy

Constable: Deputy/Successor

Gold Key: Deputy

Lists: Deputy

Marshal: Deputy

Minister of the Mint: Deputy

Rapier Marshal: Deputy

Sable Swan Herald: Deputy

Web minister: Deputy



From the Prince and Princess of Cynagua

Our time has come. Our chapter in Cynaguan history has come to an end. But, We leave knowing that the Principality is in capable hands with Eibhear and Catherine.

We have loved every minute of serving all of you the past few months. You made this reign fun. You made Us look good! You make Cynagua what it is...a creative, inspiring, loving, magnificent place within the Kingdom and the Society.

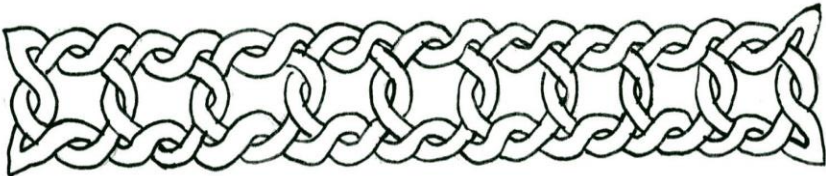
We won't be going far, so please remember that We are still, and always will be, here for you.

Thank you for becoming so dear to Us both.

Forever in your service,

Walerich and Catriona

Outgoing Prince and Princess of Cynagua



From the Incoming Prince and Princess

To the Populace of Cynagua - Greetings!

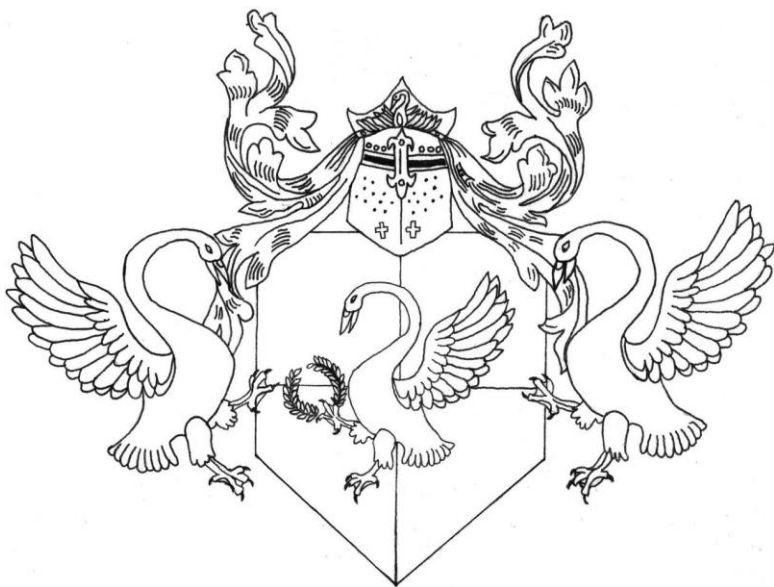
We find excitement in the opportunities to spend time with the Populace of Cynagua and meet those We've yet to know. We look forward to hearing from Our populace in recommending those who are deserving of recognition, as We are proud of the members of this Principality, and wish all to know of the deeds of those that dwell here and make it so special.

As always, in Our time of plenty, jealous eyes to the south and west see Our bounty and covet it. We encourage all of the Cynaguan populace to stay vigilant at Our borders, and know that Our warriors remain ready to preserve the Principality and all We hold dear.

We remain happily in your service,

Eibhear and Catherine,

Prince and Princess of Cynagua





From the Outgoing Chronicler

Greetings Cynagua! It has been my absolute honor to serve as your Chronicler for the last two years, but now the time has come for me to step aside. I am pleased to be able to pass my office into the hands of Morwenna of Tintagel, and I believe that she will do wonderful things in her time as Chronicler.

Before I step away to my brief retirement (I will see you all in March as the new West Kingdom Chronicler) I would like to extend my thanks to those who made my job possible.

First to the West Kingdom Chronicler Mistress Danaë FitzRoberts: Put simply, I could not have done my job without you. Thank you for answering my often panicked messages at odd hours with a smile and gentle advice. I don't have the words to express how much I appreciate all that you do for our Kingdom and Society, but I can say that I am glad to have you as a friend and mentor.

To my husband Cailin de Erskine: I am proud and grateful for everything that you've done over the last two years. You've been my tech support and my shoulder to cry on and never once complained (even when I said I wanted to pay for printing the Vox out of pocket). Thank you for your efforts and support my "deputy".

To the Royals and Officers of Cynagua: It has been a privilege to serve Cynagua beside each and every one of you. Thank you one last time for your service, and I look forward to working together in the future!

Finally, to the Populace of Cynagua: Thank you for everything. Thank you for your words and art, thank you for your appreciation over the years, and most importantly thank you for being my home.

Yours in Service,

Lady Fionnghuala of Cynagua

Outgoing Cynaguan Chronicler

From the Incoming Chronicler

Greetings Unto the Populace of Cynagua,

I'd like to introduce myself as your new principality chronicler. I have been active in the Kingdom of the West since AS xvii...living in the Principality of Cynagua for the past 10 years...I was chronicler for the Province of Golden Rivers for two years and enjoyed it very much! Now I look forward to serving all of Cynagua...please contact me with any submissions for the next issue...together we can continue to keep The Vox an outstanding publications!

YIS,

Morwenna of Tintagel

From the Equestrian Minister

Good day Cynagua,

My time as Principality Equestrian Minister is growing short. I am in search of a successor as my office becomes available in July, AS51 (2016)

While you do not need to be a rider or currently own a steed to hold this office, you should have some experience with horses in order to understand the unique needs of involving horses in our current middle ages. The position is rewarding and offers an opportunity to bring forth equine activities for the enjoyment of our royalty and the populace. The position is not difficult and if you have any interest or questions, please contact me.

Kathryn Onora

Cynaguan Equestrian Minister

equestrian@cynagua.westkingdom.org

From the Minister of the Bow

Hello Cynagua!

We are looking forward to another outstanding season on the Sable Swan's archery range. We will be kicking off our season at Spring Coronet with some great shoots.

Master Edward will be running the youth Poppin Jay. Parents please note that in order to shoot you need to accompany your children on the range and be present for as long gone as they intend to shoot.

There will be a Royal Round Prize shoot with first and second prizes for novice, intermediate, and advanced archers.

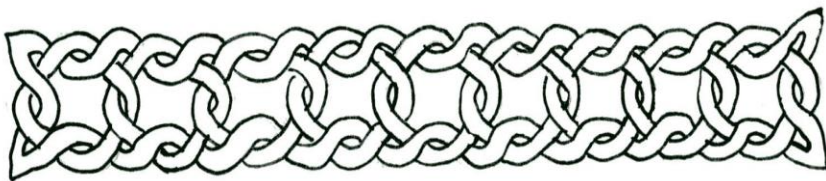
Apples anyone? Come get your fill at the William Tell shoot. A plan for a hospitality table with snacks and cold nonalcoholic drink, challenge shoots, and much more is currently being worked on. Keep an eye out for more details.

So come bring your lunch and spend the afternoon with us on the range. Whether you're just curious about archery, a returning archer or one of the regulars we have excellent teachers and plenty of room on the line. Loaner equipment is also available.

If you have questions or are interested in becoming a target archery marshal come talk to me. I want to hear from you. Any thoughts, suggestion, feedback etc. is most welcome. Thank you for this opportunity to serve as your Minister Of The Bow. See you on the line.

Long Live The Black Swan!

Lady Brigid O'Connor



UPCOMING EVENTS

Civil Unrest

Saturday, April 23rd 2016

Winter is treating Vakkerfjell kindly. The gods love us. Sure, it's dark and cold but that's only because our bright and shining goodness sucks the warmth and light from the sky. We spent our autumn patching our ships, repairing our sails and polishing our blades and armor before carefully tucking it away to await the spring. We spend our winter spinning tales, and feasting to celebrate life in the midst of this harsh season.

Fires burn merrily in our central pit warming us and casting flickering shadows on the walls as the children huddle near to hear tales. Stories of riches and wealth and lands so soft and fat they fairly ooze. The stories teach our young, and keep their minds from the gnawing hunger in their little bellies since our surrounding neighbors who live in softer, gentler climes have been...sharing our resources amongst themselves.

We speak of weasels and artisans with the power of creation. We speak of the coming good days, we speak of cunning and courage, and of the rescue of unappreciated maidens. But mostly we speak to our children of wealth, of glory, of riches and fame and the thrill of battle.

The darkest days are past. The light lasts longer each day. The earth is stirring.....

Civil Unrest is Coming.

Autocrat: Lleucu Bengam

Directions: The event will be held at the Cotton Rosser Arena Pavilion, River Front Park in Marysville, Ca

Danegeld Tor Heavy Championship

Sunday, April 24th 2016

Place: Woodbridge Park: 415 Sierra Blvd Roseville, CA 95678

Site open at 9 am, List open at 9:30am.

Site fee: Donations welcome

Autocrat: Jorgen Rasmussen – 530-723-2982 jontheartguy@gmail.com

Join the Shire of Danegeld Tor for a day of competition. There will be a heavy fighter's tournament for the shire championship. Format for the tournament TBD. We will also hold our 2nd Iron Artisan competition (making a period craft from materials provided on site). In addition to competing, there will be classes and an exhilarating live auction.

We are currently accepting auction item donations of handmade period items or gently used fighter equipment. Please get auction items to Jorgen



ARTISTIC SUBMISSIONS



Two Swans in Love by Finna kottr Godormsdottir of Bestwodeschire



Vine Illumination by Finna kottr Godormsdottir of Bestwodeschire



Royal Engagement by Ellisif Gydadottir of Tarnmist

From the artist: One of the incredibly special moments of 12th night this year was the final court of their majesties Miles and Ariela and his proposal of marriage. In recognition and celebration of that moment, I would like to submit this piece of my artwork.

COPPER SPOON CORNER

Welcome back, folks! As I promised, I have a few tasty recipes pulled from the Copper Spoon entries from last Fall Coronet. If you'll recall, the theme was pottages, and we had entries from up and down Cynagua—more than I personally had ever seen before. The three recipes I'm bringing to you today were the ones that the various entrants themselves said they enjoyed the best (it was a tie, that's why there are three). And I very much recommend you make them yourself, because they were delicious.

But before I get into them, I wanted to talk a little bit about why people should enter the Spoon competitions. Not just the Cynaguan ones, but Wooden, Silver, and even the famed Brick Spoon. We are all participating in a medieval society, doing medieval things together. And there are more resources out there now to help us along that path than ever before. Especially in the field of food research. Manuscripts never before translated are being shoved into our hot little hands. Experimental food archeology (making medieval foods with reproductions of medieval tools) is a real thing, and it's great fun! The internet allows us to share our work and research all over the world! But when you get right down to it, it's still necessary for us to get together and oooh and ahhh over each other's work together. Copper Spoon allows us to do that. It's not about the shiny bit of metal that's the ostensible prize. It's a chance to share it with others and to get some objective feedback.

With the Spoon judging sheets, you're not judged against others, you're being judged against yourself, which is the best way to learn something about what you did. So if a relative newcomer does something fairly simple, and does it perfectly, they may well win against some quadruple Peer who didn't put everything they had into it. And one of the best tools for that judging is documentation.

Yes, I know that word scares a lot of people, and that's because they misunderstand it. We don't WANT a doctoral thesis. What we want is a few simple questions answered. WHAT are you making for us (because we need to know)? HOW did you make your version (because medieval recipes are always subject to interpretation)?

WHY did you do what you did (see the previous comment, and note that this is REALLY important, because we need to get into your head—if you used a whole wheat flour as the best approximation of flour you could get, that lets us know you were thinking about that issue)? Lastly, WHERE did you get your starting point from (we need to see your starting recipe if any to judge where you finished)?

Yes, you can enter my Copper Spoon contests without documentation, but I'll be honest, you might as well stab yourself with a fork. It's a direct sixth of your possible points, and at least another sixth of the possible points are influenced by what you write. So it's worth taking a few minutes to give us the write up. And no, spelling doesn't count.

So you've never entered before, and don't know what you need? You need enough of your dish for at least three judges to taste. You should have (hopefully) documentation (without your name on it please)—and three copies of this speeds up the judging process tremendously. And you should get your dish to the event to the table—location and exact time to be announced at the event—though it's usually pretty obvious where it is, and it's generally held in the middle of the day. You sign in, so we can assign a number to each dish (blind judging), and then a few hours later, you come back for your stuff and your judging sheets. The winner is announced in a later court. I would also note that in my version of this, that when everyone comes back for their stuff (usually about two hours later), all the entrants are invited to try everyone else's dish and to talk it over. Share and compare! Cooking is social! We ARE a community. And do keep your judging sheets. The judges should be giving you insightful comments, not just number scores. Have questions about the judging? TALK to the judges—that's why their names are on your sheets.

Okay, enough of me talking, let's get to the food!

So, here's what the various entrants thought rocked the last competition--pottages! Note that they didn't use judging sheets, their opinions were just that. So if you're looking for something that tastes good, these are great places to get started.

Two folks (Ottile Von Huber and Tashi Falconsclaw) both elected to make for us Funges, from the *Forme of Cuyre*, a 1390-ish English manuscript.

Both used the same basic redaction:

1 pound mushrooms, sliced

1 leek, sliced finely

1 pinch saffron

1 cup chicken broth

1 tsp powder fort (a poorly defined spice mix made up of ginger, pepper, cinnamon, cloves, and other strong spices to taste)

Both combined the saffron and broth, and simmered the leeks and mushrooms until done, then stirred in the powder fort. The differences between the two had to do with the composition of the powder fort, which mushrooms were used, how the chicken broth was made, and how long the pottage was cooked. So this is a perfect example of what I said about being subject to interpretation, even on such a simple dish. I strongly encourage everyone to make their own!

The other entrants' favorite flavor was the amusingly titled Po' Folks Pottage. Beatrix Chat-Blanc (who won the competition part with her second entry, the Rich Person's Pottage) did something very tricky with her speculative food archeology, tying in foods known to be eaten by her target (poor folks in this case) and cooking methods to create her own possibly-period recipe. Her dish was made thus:

Cabbage

Leeks

White onion

Chicken broth

Salt

Thyme

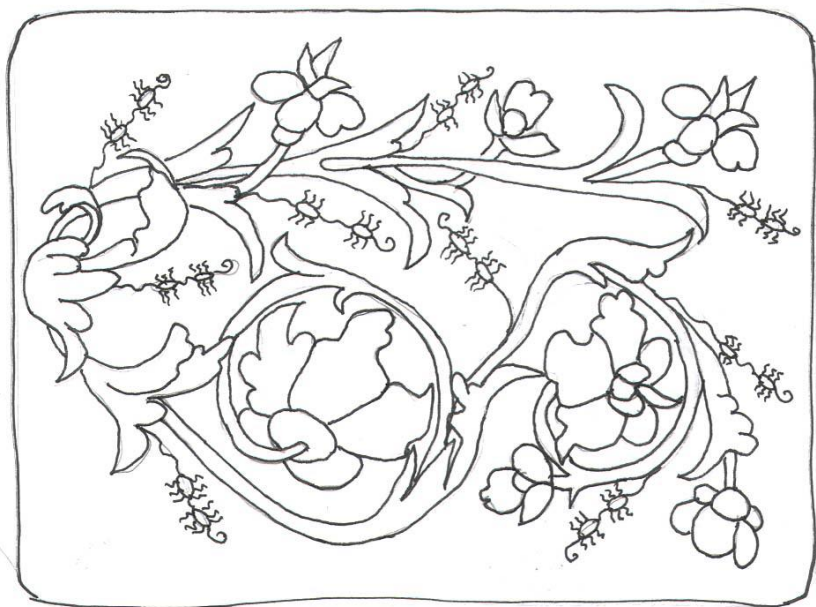
Bay leaves

Combine all in a large pot, bring to a low boil, and cook 10-15 minutes over a steady fire (and she used an actual fire, folks!)

An excellent, tasty and warming dish, and definitely suitable for feeding a household after the tax man had made his visit. I'd note that she cooked it down enough that most of the liquid was gone by the time of service.

So, I can't wait to see what I'm brought for Spoon this time. See you around the table!

Gwyn Chwith ap Llyr, Copper Spoon Minister





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Minister of the Mint: Eowyn d'Agincourt (Molly Coughlin) / 530-894-1993 /

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scribe@cynagua.westkingdom.org

Bard of Cynagua: Brigit Hahn (Brooke Mercer) / 916-203-7949 /

bard@cynagua.westkingdom.org

Groups and Guilds

Brewers' Guild: Michael of the Shire (Mike Saunders) / 916-420-3459 /

miachoftheshire@gmail.com

Chirurgeon's Guild: Rhys ap Gwion Baird / 916-425-1917 /

Cliftonmuller@gmail.com

Camerata Cynaguae: (period music performance, vocal and instrumental); rehearsals every Tuesday, 7:30-9 pm call for location. Contact: Gwenhwyfaer ferch Gwilym

(Ginni Morgan) / (916) 799-3515 / ginni.morgan@doj.ca.gov

Camerata website: www.cameratacynaguae.org

Copper Spoon: Angus Tyresson Sheildbreaker /

angustyresson@gmail.com

Culinary Guild: Tashi of Falcons Claw (Debbie Greco) / 209-824-0931 /

No calls after 9:00 PM please / djgreco2001@yahoo.com

Guild of St. Hildegard (Herbalists): Tashi Falcons Claw (Debbie Greco) / 209-824-0931 /

no calls after 9:00 PM please / cynaguaherbs@yahoogroups.com

Sable Swan Needleworkers Guild: Micheila MacCallum (Kim Gallagher) /

Kim@gallagherclan.net

Local Branches

(Note: All Seneschalate changes MUST be approved by the Principality seneschal and be listed in the Page prior to publication.)

Bestwodeshire, Shire (Tehama and Shasta Co.): Cathal MacClay (Terry Shackelford) / 530-528-8832 / bestwodeshire@cynagua.westkingdom.org Meetings – contact Seneschal for time/date/location. Fighter practices are every Thursday at Anderson River Park 7 pm.

Canale, Shire (Southern Stanislaus and Merced Cos.): Adam de Lancaster (Bill Yorker) / 209-634-4034 / canale@cynagua.westkingdom.org
Mtg: 2nd Wed, call for location. Fighter Practice call the Seneschal

Champclair, Shire (Eastern Solano Co.): Theodric of Gyruum (Chris Knight) / 707-422-9202 / champclair@cynagua.westkingdom.org

Crystalmist, Shire (Siskiyou & Modoc Cos.): Nancy of Edgewood Castle / 530-921-3192 / crystalmist@cynagua.westkingdom.org
Meetings are monthly and fighter practice twice a week, times and locations are variable however, contact the Seneschal.

Dangeld Tor, shire (NE Sacramento and Placer Co) Margaret Pye (Haley Zerr) / 530-723-2983 / danegeldtor@cynagua.westkingdom.org Shire meetings every second Tuesday of the month, 7:30 pm, Coco's Restaurant 7887 Madison Avenue, Citrus Heights at the corner of Madison and Sunrise Blvd.

Fendrake Marsh, Shire (Churchill & Lyon Cos. NV): Douglas Scronce / 775-217-4718 / fendrakemarsh@cynagua.westkingdom.org / www.fendrakemarsh.org

Fettburg, Barony (San Joaquin and Northern Stanislaus Cos.): Alexandyr Sterling / 408-674-6813 / fettburg@cynagua.westkingdom.org

Baron and Baroness: Coronado and Aderyn / 209.244.4973/3131

Meeting: 2nd Wed 7 pm at Manteca Sr. Ctr. Fighter Practice is Mondays, 6:30PM at 609 S. Stockton St., Ripon CA. Archery is by appointment only. www.fettburg.org for activities, practices and events calendar.

Golden Rivers, Province (Central Sacramento Co.): Katrina Yarbrough, THL (Tammera Gulliver) / 916-757-8769 / 9008 New Dawn Dr. Sacramento, CA
95826@goldenrivers@cynagua.westkingdom.org / <http://www.goldenrivers.org>
Equestrian Practices, 3rd Sundays, contact Gwen: equestrian@goldenrivers.org

Mont d'Or, Shire (Nevada Co.): Fionnghuala of Cynagua (Krista Woodford) / 530-559-7874 / Montdor@cynagua.westkingdom.org

Mountain's Gate, Shire (El Dorado Co.): Michael of the Shire / 916-420-2459 / www.mountainsgate.org/ Fighter practice contact the seneschal. /Shire meetings every third Thursday see: <http://groups.yahoo.com/group/theshireofmountiansgate/>

Rivenoak, Barony (Glenn and Butte Cos.): Muirenn ingen Brain / 530-230-7437 (between 6:30 and 10:00 pm) / rivenoak@cynagua.westkingdom.org
Baronial Mailbox: PO Box 2343 / Chico CA 95927

Baron/Baroness: Thorstagge/Eowyn baron@rivenoak.westkingdom.org
Meetings: 2nd Tuesday of the month at 7 pm – Casa Ramos, Park Avenue, Chico.
Fighter practice: Sundays at One Mile. Arts & Sciences: 3rd Tuesday of the month at 7 pm, Contact Baron for class topic and location

St. Cassian of Imola, College (Dormant) (Sacramento State U): Contact Principality Seneschal.

Silver Desert, Province (Washoe Co.): Africa nic Shiomha nic Gill'onfhaidh (Carol King) / 775-331-9226/ silverdesert@cynagua.westkingdom.org
EQ Contact: Siobhan ni Seaghdha (Dianne Karp) 775-969-3258 / dkarp@hughes.net
Business Meeting is 2nd Friday at 7 pm at Round Table on Baring Blvd, Fighter Practice is Sundays at 1:30 pm at Cottonwood Park on Spice Island Dr, Sparks, NV. New Comer's Night is the 3rd Thursday, Arts and Sciences Gather is the 2nd Saturday.

Thistletoir, Shire (Colusa and Sutter Cos.): Stephen McAlpine / 530-755-0242 / thistletoir@cynagua.westkingdom.org

A&S Saturdays 10am to 2pm. Fighter practice Sunday 4pm to 6pm. Business meetings/potluck: 2nd Sunday at 5pm Sutter Youth Building

Vakkerfjell, Shire (Yuba Co.): Gavin Conall of Greenlaw (Brent M Moore) / 530-870-7616 vakkerfjell@cynagua.westkingdom.org / Fighter practice Tuesday 6:30 pm at POW/MIA Park, Marysville

Windy Meads, Shire (Yolo Co.): Menault le Rouge (Amanda Miura) / 510-673-1509 / windymeads@cynagua.westkingdom.org

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**Good people of Cynagua, we know
you have talent! Submit to The Vox!**

We know you can draw, we know you can take pictures, we know you can do unnatural things with those pictures in Photoshop. Further, we know you have writing talent as well.

We know there is a long history of bardic excellence in Cynagua and that only skims the surface. Out there, among her people, the skills of the swan lie dormant and now is the time to put those skills into service. If you have songs, poems, drawings, photos or anything else that you think might be of any use to the Chronicler of Cynagua, let her know. Email to: chronicler@cynagua.westkingdom.org. The Vox Cynagua is Cynagua's voice, not just that of her royalty or officers, but that of her people as well. Make your voice heard!

This is the January 2016 issue of The Vox, the official quarterly newsletter of the Principality of Cynagua in the Kingdom of the West, a branch of the Society for Creative Anachronism, Inc. (SCA), PO Box 360789, Milpitas, CA 95036-0789.