

# VOX



ART CREDIT TO BRONWEN LORELLE

# CYNAGUAE

**The Newsletter for the Principality of Cynagua, Kingdom of  
the West—July Investiture (2015)**

## Help Wanted

This is a list of Officers who need a deputy or a successor. Please consider volunteering; it's a lot of fun and a great way to keep Our Principality going. Please Contact the Officers directly for more information details on how to contact them can be found in regnum at the back of the Vox.

**Chirurgion:** Deputy

**Chronicler:** Deputy

**Constable:** Deputy

**Exchequer:** Deputy / Successor

**Gold Key:** Deputy

**Lists:** Deputy

**Marshal:** Deputy

**Minister of the Mint:** Deputy

**Rapier Marshal:** Deputy

**Seneschal:** Successor

**Sable Swan Herald:** Deputy

**Sable Swan Scribe:** Deputy

**Web minister:** Deputy



## From the Prince and Princess of Cynagua

Greetings from the Coronets of the Sable Swan thrones! As the reign winds to a close and Our heirs prepare to take Cynagua’s royal seats, We pause to reflect and give thanks to all of those gentles who have made Our reign so successful and enjoyable. From all of those in the various service positions, such as heralds, marshals, constables, autocrats and feastocrats, to all of those fine folks behind the scenes in any reign—the court members and Cynaguan Guard folks and their households and families, all of whom sacrifice so much time and energy to make the Principality successful and glorious.

We would also like to thank all of the members of the premier Royal Artisans of Cynagua, who have been working so hard to keep Our Principality glorious and worthy of renown... and of course, they have been “Bringing it Forth,” for which We are very grateful and honored (and please accept Our encouragement to continue your various great efforts well beyond the scope of Our own reign, and on into the future).

Her Highness Hilarie would like to extend Her own special thanks to those members of the populace who have hosted Herself at an Arts & Sciences night at a local group. You all have been so generous and creative with your time and spaces to work and share with all who come to learn.

If the SCA is new to you, We thank you for gracing us with your presence and energy during Our reign, and We encourage you to continue coming out and enjoying the grand Society that we all are together. As Their Majesties say, we are more than a club... we are family, and that is a very grand thing, indeed.

Bjorn, Princeps Cynaguae

Hilarie, Princepsa Cynaguae

# From the Incoming Prince and Princess of Cynagua

Our Dearest Populace!

Today is the day We have been looking forward to with much anticipation since Coronet, because, today is the beginning of a reign in which We see so many possibilities, and so many opportunities to continue making Cynagua the remarkable principality that it is!

We are looking forward to upcoming Kingdom, Principality, and local events where We will have the chance to meet many of you, and hear of all the grande things you are doing to help keep the society strong!

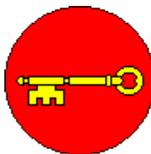
Thank you to those that came to witness Our Investiture, and a huge Thank You to everyone that contributed in making this day possible.

We are blessed!

Yours In Service,

Walerich and Catriona

Prince and Princess of Cynagua



## From the Seneschal

Greetings, Good People of Cynagua,

The time has come for me to move on over, and hand the keys back to Viscountess Gwendwyn the Silent. I know she will continue her admirable work as your Seneschal, as she has done in the past. I have not the words to express my gratitude to her, both as my successor, and as a solid rock during my term.

Having stepped into this role only a brief time ago, I am amazed at what I saw behind the scenes in this wonderful Principality. There is an incredibly dedicated core group of individuals that make the maintenance of Cynagua their chief focus. To Tashi Falconsclaw, Abrahe Caragoca, Fionnghuala of Cynagua, E'tain Ingen Chellaig, Micheila MacCallum, Angus Tyresson Shieldbreaker, Miach of the Shire, Sciath inghean Airt, Farleigh de Grey, Finna kottr Godormsdottir, and my Lord Husband, Claus de Saarbrukke, do I give my thanks for your excellent support. To my deputy Catriona, Lady of the Swan- you will make a fantastic Seneschal, when you're not quite so busy.

It has been an honor to be your Seneschal for this short time. Thank you all for this opportunity.

Chani



## From the Arts and Sciences Minister

Greetings from you friendly Principality A&S Officer!

I would like to first thank everyone who allowed me to showcase their fabulous artwork at this past Spring Coronet. Cynagua is home to many talented artists, and this is an awesome opportunity to get your work in the spotlight. All skill levels are welcome to submit entries for displays and competitions, please don't be shy with your talent!

Please note: Documentation is encouraged but not required! However, do not be intimidated by the term "documentation". One page with a description of the item (what it is, what is it made from, where/when the item originated from, how it was used, etc) is considered documentation! It does not have to be a term paper, unless of course you are submitting a research paper.

Remember, if you have questions I am happy to help in any way I can. I look forward to seeing your entries for our competitions at Fall Coronet!

**Arts:** Coats, any culture pre 1600

**Technical sciences:** Woodworking

**Research paper:** Gothic architecture

Yours in service,

Lady Farleigh de Grey



## From the Chirurgeon

### Your Personal First Aid Kit

One of the FAQs that comes up among SCA people both old and new is what to put into your first aid kit. Every SCA member should have his or her own personal first aid kit to take to events. This, of course, can be modified up or down depending on whether day tripping or camping, your risk based on your activities, and your general state of health.

### Basic Items Everyone Should Have:

- Band-Aids – assorted sizes in a zip-lock bag
- 1" Tape
- 4X4s
- Fine tweezers or needles – mostly for removing splinters
- Alcohol prep pads
- Q-tips and antibiotic ointment
- Hand sanitizer
- Sun screen
- Lip balm with sunscreen
- Mosquito repellant - DEET is the best (don't put over sunscreen—it will dissolve it)
- Acetaminophen (Tylenol) 325 mg tablets

- Ibuprofen (Advil) 200 mg tablets
- Hydrocortisone 1% cream—for itchy rash
- Diphenhydramine (Benadryl) tablets – for itchy rash and allergies
- Chewable antacid tablets
- Pepto Bismol
- Epi-Pen—if you have been prescribed it and are susceptible
- All Your Prescription Medicines!
- Cell Phone – I consider this the most important part of a kit. If you have a phone, you have access to emergency response

Also recommended for camping, more remote sites, and accident-prone people:

- 2" Kling roll
- 4" Kerlex roll
- Triangular bandages and safety pins – for sling
- 3" Elastic bandage
- Tincture of Benzoin – this helps tape stick to sweaty people.
- Adolph's Meat Tenderizer –for bites and stings.
- Immodium tablets –for diarrhea
- Syrup of Ipecac
- Bandage scissors
- Small flashlight
- Space blanket
- Tampons – can also be used to stop more heavy bleeding
- SAM Splint
- Thermometer
- Large nail clippers
- Instant cold packs or Zip-lock bag to put ice from your ice chest in – for bumps and bruises
- Pencil and paper
- First Aid Text, such as the American Red Cross Community First Aid book.

First aid kits are available in most department stores starting at about \$10 for a decent kit. Medic supply stores carry extensive kits costing hundreds of dollars, but the average person will not need a kit that extensive. You can put together a very functional kit that will keep you safe and comfortable for very little.

--Gregory of St Albans



## From the Outgoing Exchequer

Greetings to all Group Exchequers and Seneschals. This is my last missives as Principality Exchequer. It has been a pleasure majority of the time, and as most exchequers (and accountants) know, some headaches come with the position. I have enjoyed working with everyone and will continue to do so, but in a more quiet, stealth way.

Group Exchequers, you were sent missives from our Kingdom Exchequer regarding new reporting and report submittal due dates. These rules are effective as the July 1, 2015. If you are unsure of what these are, contact the incoming Exchequer, Edmund of Surrey, in regards to them, and/or go to the Exchequer website <http://www.westkingdom.org/officer/kingdom-west/exchequer>. Exchequers should work closely with their seneschals in making sure reports are done in a timely manner.

As a reminder for exchequers, if you are having problems with your reports, finishing them in a timely manner or have questions, please do not hesitate to contact the Principality Exchequer. This is what we as Principality Exchequer(s) are here for. Keep your reports coming in timely manner, and remember to send a copy to the Principality Exchequer.

Tashi Falconsclaw, Outgoing Principality Exchequer

## From the Incoming Exchequer

Greetings unto my fellow Cynaguans. Edmond of Surrey here. As of July investiture, I will be assuming the duties of the Exchequer for the Principality. First of all, a big thank you to Mistress Tashi Falconsclaw. She has worked tirelessly in this office to keep it going, and will continue to support me in this new role. My first duty as the exchequer is to inform the exchequers that will be reporting to me of some changes to the kingdom financial policy. A recent audit of the Society has prompted some changes to the financial policy that went into effect as of July 1st. I would like to have a meeting of the Cynaguan exchequers in the afternoon at investiture to go over these changes. There are quite a few, and the Kingdom and Society are taking them quite seriously, so I want to make sure that everyone is on the same page with implementing and maintaining what is being requested of us. I look forward to working with everybody in this regard.

Yours in Service,

Lord Edmond of Surrey  
Cynaguan Exchequer



## From the Constable

Greetings Cynagua

From your Principality Constable comes words of Thank You. I want to thank everyone for all that you have done to make my first year as Constable so easy. All your help at gate and just maintaining safety in mind at events has been great.

With that said as I go into my 2<sup>nd</sup> year I am looking for a Deputy Successor. If you are interested please see me at Coronet or Investiture or just email me so that we can get your training in. Anyone else that is interested in Constabulary work is more than welcome to come and train also. We always need constables for events.

THANK YOU

## From the Equestrian Minister

Greetings Cynagua!

I hope you were well pleased with the display from our Cynaguan Ryders at Spring Coronet. We certainly had a great time taking the field as the sun broke from the clouds. We greatly appreciate the opportunity that was afforded to us by Their Highnesses.

There are several equestrian practices throughout Cynagua to attend if you wish to learn more about this aspect of the SCA. The practices all have a range of learning levels from beginner to mounted combat as well as ground crew needs if you are new to horses or are not a rider. If you would like to be involved with the equestrians and have other talents, there are many other skills that are utilized by our riders. Sewing of barding, leather or metal work for armor, banner making, weapons and games equipment construction are all areas that are incorporated into the equestrian arts that some riders might gain benefit from an offer of your expertise.

Please feel free to contact me at [equestrian@cynagua.westkingdom.org](mailto:equestrian@cynagua.westkingdom.org) with any questions.

Kathryn Onora

Principality Equestrian Minister, Cynagua

## From the Rapier Marshal

It was at Summer Investiture a year ago that I stepped up to become your Principality Rapier Marshal. My term will expire next summer. If you feel that you may be interested in becoming the next Cynaguan Rapier Marshal, then please seek me out to become my Successor Deputy. The earlier you come forward, the more comfortable the transition will be when it comes. Bring It Forth!!!

If you are a marshal and wish to become a branch marshal, if you would like to authorize as a marshal or a rapier fighter, then reach out! All are welcome.

Yours, In Service,

Tangwystel Telynores

## From the Minister of the Bow

Good Gentles,

There have been some significant developments in the archery community lately. Our champion made himself ineligible to continue in his post. He won the Coronet tournament. A week later the Shire of Windy Meads allowed their Hunt and Novelty Shoot to be the next Cynaguan archery championship. The results of that shoot have left me in the curious position of advising myself on the format of the next archery championship. The Cynaguan Archery Championship will be held at Yolo Grasslands Park near Davis on Sunday, the 15th of November. It will consist of four shooting events: a hunt on the field trail, shooting to the mark, pop-up targets, and a hearts duel elimination list.

The hunt will be for 3D foam animal targets at unmarked yardages on an archery field trail. Distances will vary from 10 to 50 yards. Two arrows will be shot at each target, unless instructions say otherwise.

Shooting to the mark is a long range event. A pylon marker is placed down range, typically 130 to 150 yards. Arrows are shot at the mark and scored by measuring with a rope outward from the mark. There will be some practice time to get your range. The event will probably be two ends of six arrows.

Pop-up targets are arranged on a lever apparatus, behind a blind of straw bales. They are controlled with cords and present at random intervals above the blind. Targets are typically 12 by 24 inches and vary in distance from 18 to 24 yards. Archers may shoot as many arrows as they can in 40 seconds.

The hearts duel is a double elimination list. The target is a heart, suspended in front of the backstop at 19 yards. In early rounds the heart is about 10 inches across, in later rounds 6 inches. Pairs of archers will be called to the line to shoot against each other. Each will have six arrows in their quiver. They begin with bow in hand and shooting hand on their head. At the call of 'Shoot!' they will draw and nock arrows and shoot at the heart. The first archer to lodge an arrow in the heart wins that round. The final round will be best two out of three.

To shoot for the championship you must live within the border of Cynagua and be a subscribing member of SCA inc. You must have reached your 18th birthday. Contenders for the championship must bring their own bow and arrows. All archers are welcome to shoot at the event, and all others are welcome to come and cheer for their favorites. Some loaner equipment will be available. A separate list will be held at the hearts duel for non-contenders. Lunch will be served.

By publishing the conventions of the championship, I am hoping to inspire archers to practice the various skills of the competent shooter. I have chosen the events to test the long and the short shots, the fast and the slow. The fact there are no colored circles to shoot at is a personal preference.

Edward le Kervere

Minister of the Bow for Cynagua

# From the West Kingdom Chirurgeon

The BOD is likely to dissolve the Office of the Chirurgeonate at the July meeting. Why? I have some information (and it actually makes sense) but I will wait until the BOD announcement before speaking to ensure I have all the data.

While it is possible to form a Guild, it is not likely to occur. Finding folks to become warranted has been increasingly difficult and, in the last 12 months we have only been able to go from six to nine in the \_entire\_ kingdom. Three of those nine are Principality officers. Another three all live in Silver Desert.

So, what does this mean? Not much really as MOST of what we do you can do for yourselves - and, really, you always could.

1. Go online to the Red Cross site and look up the recommended list of supplies that you should have when you travel.
2. Find a small plastic container, go to the 100 Pence Shop and get yourselves things like a variety of band-aides, ointments, Tums, ACE bandages, etc. You can get a huge supply for less than \$20.00.
3. Bring that box with you whenever you travel.
4. Include your medications when you travel (I keep a two day supply in our Medicine Box and rotate the pills when I refill the prescription).
5. NEVER hesitate to ask for help from your friends. Don't be foolishly brave and 'tough it out'. Someone will always call 911 for you or take you to the hospital/urgent care.
6. CALL 911!!!!!! Having the ambulance show up at an event does not obligate you to take a ride. ONLY taking a ride costs money. And really - is it better to have to pay for and ride and an ER visit or avoid it and have more significant consequences later?
7. BE Smart - drink water, use sunscreen, eat real food, avoid too many 'drinky poos', sit in your air conditioned car if you get too hot, sit in your heated car if you get too cold, bring appropriate garments for the expected weather, remember to take your meds.....and seek medical attention after the event if things are not 'all better'.

You have an SCA family full of friends who will help you - let them.

Your friend,

Siobhan ni Seaghdha, OP

West Kingdom Chirurgeon

## From the Moneyer's Guild

Moneyers Assemble!

Greetings Cynaguan moneyers and those who are interested in the art of making coins. We will be having a moot (Guild meeting) between Final Court for Hilary and Bjorn, and the ceremony of the Investiture of Walerich and Catriona. If you are a guild member, or would like to be one, come and moot with us. If you are interested in becoming an Apprentice or you are just hoping to hang out and not commit, we would love to have you. If you are an Apprentice and have been working on your coin blanks, bring them and show off your progress. We may even have coins to strike on site. If you are curious as to how money in the SCA is made, stop by, say hello and meet the Guild!

Moneyers SMASH!

## From the Herbalist Guild

Since I wasn't able to attend Coronet and have the guild meeting, I will be having a short guild meeting sometime after First Court, or sometime during the event. The heralds will make a shout as to the time. Anyone wanting to know what our unique guild is, what we do, come and talk with me. A discussion on upcoming items needed for gift baskets items (given at our Investitures) and areas of what folks would like to learn will be discussed. Listen for shouts, or find me around the site.

Mistress Tashi Falconsclaw, Herbalist Guild Minister

## From the Culinarian Guild

Like the Herbalist Guild, and since I wasn't able to attend Coronet, there will be a short meeting during the time, sometime after First Court. I am still hoping to have a discussion this year's Culinary Guild Symposium, providing Gwen isn't in the kitchen assisting feast preparation. I'd also like to discuss what project we, as a group, foresee for this year's endeavor and start thinking about fund raisers to accomplish the goal. The meeting will be short, listen for the Herald shouts or find me around the site area.

Mistress Tashi Falconsclaw, Culinary Guild Minister



## From the Cynagua Needle Workers

We are pleased to sponsor a Dirty Half Dozen Donation Derby (aka 4D) at Fall Coronet. The 4D was created in the Principality of Tir Righ, Kingdom of An Tir as a way to encourage the creation of largesse through friendly competition. The concept has spread to the West via Ula Paulson and with permission we are jumping in with it here.

### **The basic rules for the Dirty Half Dozen Donation Derby**

\* All entrants must create 6 items based on a theme that are suitable for largesse

- 6 needle books
- 6 hats from different (or the same) period(s)
- 6 items suitable for a specific time period
- 6 children's toys
- 6 socks would not be suitable as that is only 3 pairs

- \* All entries must be tagged and ready to be gifted the day of the competition.
- \* Items need not be documentable; this is not an Arts and Sciences competition.
- \* Items should not have heraldry on them as they are meant to be given to other areas.
- \* Judging is done by the populace. Each entrant display will have a cup placed next to it and anyone may put a provided token into the accompanying cup to denote their choice.
- \* The entrant with the most tokens in their cup at the end of Their Highness closing court chooses one item from any one of the other entries as a prize. Each entrant then chooses from the remaining entries according to how many tokens they received (largest to smallest number). Each entry may only be chosen once as a prize. Please be prompt to the table after court so the chest may be prepared and everyone still has time to enjoy their lunch.
- \* The remaining 5 items from each entry will be given to Their (soon to be) Highness' of Cynagua.

Please stay tuned for the exact location and hours for the Derby. I will post it to the appropriate groups as soon as I have finalized it.

Lady Clarice Walker

Sable Swan Needle Workers guild Minister

# From the Shire of Champclair

Greetings from the Shire of Champclair! We are finally up and running once again. I am Lord Yoshi Shimizu and I am currently the acting arts and sciences officer for our reactivated Shire. The Shire has been out of the loop for years and many of us newer to mainstream blood have taken this opportunity to enrich the Principality of Cynagua. We are currently growing in our heavy fighters and archers, but are lacking in the area of rapier. Our arts and sciences are booming in large part of many of us want to learn bits and pieces of everything. We as a Shire have been working on maille, many forms of fiber arts, a few of us are getting into calligraphy and illumination, and a few of us are getting into armoring. I tend to have arts and sciences days on some Saturdays 10am -8pm so people can come and learn and teach things to people. It is my pleasure to be the first in a long time to write within these pages. I myself have only competed in 2 open format arts and sciences competitions and both were done by populace vote. Of those 2 I have won with my maille. My shire mates are stepping up and taking on the challenges in brewing and calligraphy. A few of our fighters have served in at least one guard, and a couple of us will be on our second and third guard duties.

Yours in service,

Lord Yoshi Shimizu Shire of Champclair

Arts and Sciences Officer



## Rivenoak Championship

Rivenoak's Championship will be September 19th, at Ord Bend Park, on the Sacramento River. Site opens at 10 am. Site fee is \$5 for adults. Children 16 and younger are free!! We will be likely sharing the site with mundanes, and the river is right at the boat ramp, so please keep your children away from the boat ramp.

Activities for all!!

Muirenn ingen Brain  
Autocrat

## Thor Heyerdahl Returns

The Shire of Danegeld Tor invites you to attend a glorious day of Rapier fighting and silent auctioning, followed by great feasting and grand stories from none other than, Lord Shintaro Masashige Minamoto aka Lash the Red Samurai.

Thor Heyerdahl, Improbable Viking, returns from The Land of the Rising Sun.

Place: Woodbridge Park: 415 Sierra Blvd Roseville, CA 95678

Time: Sept. 19, 2015

Site opens at 10 am and closes at 6:00pm

Autocrat: Baron Randel o'Gallchobhair – 916-517-7448

Randy@gallagherclan.net

Please see Randel or any Danegeld Tor Officer for tickets.

Tickets are \$15 this includes site fee.

NMS is additional.

The silent auction is to benefit the Cynaguan Royal travel fund. The theme of the auction is handmade items or tools to make items.

If you wish to donate items to the auction, please contact Baroness Micheila MacCallum. Kim@gallagherclan.net

# Silver Desert Harvest Feast

Saturday September 26th, 2014, Reno, Nevada

Please join us for a day of fun and revelry in Silver Desert at Harvest Feast as we share the bounty of the land amongst our friends. Fill the feast hall with good food and good cheer as we prepare for the cold months. For the Pot-Luck, please bring a dish representing your medieval persona and our fine Province.

Potluck Contributions are divided by Modern Last Name:

**A - I:** Breads and Salads

**J - R:** Meat Dish or Stews

**S - Z:** Side Dishes.

Before the Feast, we will have Dancing. Don't be scared, they are FUN, easy to learn, and Period Appropriate. Oh, and Contests! Best Food Display representing Silver Desert (Sir Vinny Documentation Allowed). Best Period Desert (Bonus Points for Documentation). Best Table Presentation

Autocrat: Abrahe çaragoça

Site Information:

South Valley Library (15650 Wedge Pkwy, Reno Nevada 89511)

Time: Noon- 4 Pm

Site Fee: Instead of a site fee we ask that you bring canned goods to be donated to the food bank.

Directions: Take your best route to Reno US-395/I-580. At exit 59 (Damonte Ranch Parkway) exit and head west to Arrowcreek Pkwy where you bear right. Turn left on to Wedge Pkwy.

Sincerely,

Africa, Seneschal of the Silver Desert.



### **Outgoing Prince and Princess**

**Bjorn and Hilarie**

(James and Hilarie Cornwell)

530-521-3337 Himself/ 530-518-9007 Herself  
royals@cynagua.westkingdom.org

### **Incoming Prince and Princess**

**Walerich and Catriona**

209-450-6375 Himself/ 209-480-7458 Herself  
heirs@cynagua.westkingdom.org

## **Greater Officers**

**Arts & Sciences:** Anastasia Grinstead (Nancy Gregorcyk) / 916-728-1066 / Calls between 9 AM and 9 PM only please  
ans@cynagua.westkingdom.org

**Chirurgeon:** Gregory of St Albans (Greg Taylor) / 530-570-8842 /  
chirurgeon@cynagua.westkingdom.org

**Chronicler:** Fionnghuala of Cynagua (Krista Woodford) / 530-559-7874 /  
chronicler@cynagua.westkingdom.org

**Constable:** E'tain ingen Chellaig (Kelley Kirby) / 916-597-6160 /  
constable@cynagua.westkingdom.org

**Exchequer:** Tashi of Falcons Claw (Debbie Greco) / 209-824-0931 /  
No calls after 9:00 PM please / exchequer@cynagua.westkingdom.org

**Marshal:** Rolf the Relentless (Randy Van Vranken) /  
marshal@cynagua.westkingdom.org

**Deputy: Heavy:** Walerich von Bredereke (Patrick Oliver) / 209-450-5133

**Missile Combat:** Michael of the Shire (Mike Saunders) / 916-420-3459 /  
missilemarshal@cynagua.westkingdom.org

**Rapier:** Tangwystel Telenores (Elizabeth A. Richard) / 916-673-3182 /  
rapiermarshal@cynagua.westkingdom.org

**Sable Swan Herald:** Michael of the Shire (Mike Saunders) / 916-420-3459 /  
herald@cynagua.westkingdom.org

**Seneschal:** Chaninai bint Ibrahim ibn Rashid (Kristina Spurgeon) / 530-342-1716 / PO Box 604 Forest Ranch, CA 95942 /  
seneschal@cynagua.westkingdom.org

**Web Minister:** Abrahe çaragoça (Joel Viney) / 775-217-5228 /  
webminister@cynagua.westkingdom.org

## Lesser Officers

**Chatelaine:** Sciath inghean Airt (Sarah Joyal) / 916-420-2458 /  
chatelaine@cynagua.westkingdom.org

**Gold Key:** Vincenzo Saracini (Glen Sarcona) / 916-993-8004 /  
goldkey@cynagua.westkingdom.org

**Equestrian Minister:** Kathryn Onora (Kathy Paulson) / 209-597-9320 /  
equestrian@cynagua.westkingdom.org

**Lists:** Sir Mari Alexander (Mari Joy) / 209-324-7665 /  
lists@cynagua.westkingdom.org

**Minister of the Bow:** Edward le Kevere (Ed Caughie) / 530-668-6478 /  
bow@cynagua.westkingdom.org

**Minister of the Mint:** Eowyn d'Agincourt (Molly Coughlin) / 530-894-1993 /  
mint@cynagua.westkingdom.org

**Page School:** Yukiko Hosakawa (Elizabeth Leonard) / 916-475-4651 /  
pageschool@cynagua.westkingdom.org

**Regalia:** Sakura (Anne Suttey) / 530-391-3617 /  
regalia@cynagua.westkingdom.org

**Sable Swan Scribe:** Malyn Edwardis (Marina Long) / 209-872-1351 /  
scribe@cynagua.westkingdom.org

**Bard of Cynagua:** Jace of Golden Rivers /  
bard@cynagua.westkingdom.org

## Groups and Guilds

**Brewers' Guild:** Michael of the Shire (Mike Saunders) / 916-420-3459 /  
miachoftheshire@gmail.com

**Camerata Cynaguae:** (period music performance, vocal and instrumental); rehearsals every Tuesday, 7:30-9 pm call for location. Contact: Gwenhwyfaer ferch Gwilym (Ginni Morgan) / (916) 799-3515 / ginni.morgan@doj.ca.gov  
Camerata website: [www.cameratacynaguae.org](http://www.cameratacynaguae.org)

**Copper Spoon:** Angus Tyresson Sheildbreaker /  
angustyresson@gmail.com

**Culinary Guild:** Tashi of Falcons Claw (Debbie Greco) / 209-824-0931 /  
No calls after 9:00 PM please / djgreco2001@yahoo.com

**Guild of St. Hildegard (Herbalists):** Tashi Falcons Claw (Debbie Greco) / 209-824-0931 /  
no calls after 9:00 PM please / cynaguaherbs@yahooogroups.com

**Sable Swan Needleworkers Guild:** Micheila MacCallum (Kim Gallagher) /  
Kim@gallagherclan.net

## Local Branches

(Note: All Seneschalate changes MUST be approved by the Principality seneschal and be listed in the Page prior to publication.)

**Alpensee, Shire (Carson City and Douglas Co.):** Rhicenedh ferch Rosamund (Cyndee Joncas) / 775-720-0664 / [alpensee@cynagua.westkingdom.org](mailto:alpensee@cynagua.westkingdom.org)

**Bestwodeshire, Shire (Tehama and Shasta Co.):** Cathal MacClay (Terry Shackelford) / 530-528-8832 / [bestwodeshire@cynagua.westkingdom.org](mailto:bestwodeshire@cynagua.westkingdom.org) Meetings – contact Seneschal for time/date/location. Fighter practices are every Thursday at Anderson River Park 7 pm.

**Canale, Shire (Southern Stanislaus and Merced Cos.):** Adam de Lancaster (Bill Yorker) / 209-634-4034 / [canale@cynagua.westkingdom.org](mailto:canale@cynagua.westkingdom.org)  
Mtg: 2nd Wed, call for location. Fighter Practice call the Seneschal

**Champclair, Shire (Eastern Solano Co.):** Theodric of Gyruum (Chris Knight) / 707-422-9202 / [champclair@cynagua.westkingdom.org](mailto:champclair@cynagua.westkingdom.org)

**Crystallmist, Shire (Siskiyou & Modoc Cos.):** Nancy of Edgewood Castle / 530-921-3192 / [crystallmist@cynagua.westkingdom.org](mailto:crystallmist@cynagua.westkingdom.org)  
Meetings are monthly and fighter practice twice a week, times and locations are variable however, contact the Seneschal.

**Dangeld Tor, shire (NE Sacramento and Placer Co)** Margaret Pye (Haley Zerr) / 530-723-2983 / [danegeldtor@cynagua.westkingdom.org](mailto:danegeldtor@cynagua.westkingdom.org) Shire meetings every second Tuesday of the month, 7:30 pm, Carrow's Restaurant 100 North Sunrise Avenue Roseville, CA 95661-2905, on the corner of Sunrise Ave. & Douglas Blvd.

**Fendrake Marsh, Shire (Churchill & Lyon Cos. NV):** Douglas Scronce / 775-217-4718 / [fendrakemarsh@cynagua.westkingdom.org](mailto:fendrakemarsh@cynagua.westkingdom.org) / [www.fendrakemarsh.org](http://www.fendrakemarsh.org)

**Fettburg, Barony (San Joaquin and Northern Stanislaus Cos.):** Alexandyr Sterling / 408-674-6813 / [fettburg@cynagua.westkingdom.org](mailto:fettburg@cynagua.westkingdom.org)

**Baron and Baroness:** Coronado and Aderyn / 530-400-9960

Meeting: 2nd Wed 7 pm at Manteca Sr. Ctr. Fighter Practice is Mondays, 6:30PM at 609 S. Stockton St., Ripon CA. Archery is by appointment only. [www.fettburg.org](http://www.fettburg.org) for activities, practices and events calendar.

**Golden Rivers, Province (Central Sacramento Co.):** Gwendwyn the Silent (Kim Bulot-Smith) / 916-397-9850 / [goldenrivers@cynagua.westkingdom.org](mailto:goldenrivers@cynagua.westkingdom.org) / <http://www.goldenrivers.org> / Equestrian Practices, 3rd Sundays, contact Gwen: [equestrian@goldenrivers.org](mailto:equestrian@goldenrivers.org)

**Mont d'Or, Shire (Nevada Co.):** Fionnghuala of Cynagua (Krista Woodford) / 530-559-7874 / [Montdor@cynagua.westkingdom.org](mailto:Montdor@cynagua.westkingdom.org)

**Mountain's Gate, Shire (El Dorado Co.):** Michael of the Shire / 916-420-2459 / [www.mountainsgate.org/](http://www.mountainsgate.org/) Fighter practice contact the seneschal. /Shire meetings every third Thursday see: <http://groups.yahoo.com/group/theshireofmountiansgate/>

**Rivenoak, Barony (Glenn and Butte Cos.):** Muirenn ingen Brain / 530-230-7437 (between 6:30 and 10:00 pm) / [rivenoak@cynagua.westkingdom.org](mailto:rivenoak@cynagua.westkingdom.org)  
Baronial Mailbox: PO Box 2343 / Chico CA 95927

**Baron/Baroness:** Roberto de Fonseca/ Monique de Fonseca (Bob and Monique Bird) / 530-809-2292 [baron@rivenoak.westkingdom.org](mailto:baron@rivenoak.westkingdom.org)  
Meetings: 2nd Tues at 7 pm - Flavor Falls: 20th St and Park Ave / Chico. Sunday Fighter Practice, Monday Archery Practice, Arts & Sciences and other activities: Contact the Baron. Baronial Yahoo Group: <http://groups.yahoo.com/group/rivenoak>

**St. Cassian of Imola, College (dormant) (Sacramento State U):** Contact Principality Seneschal.

**Silver Desert, Province (Washoe Co.):** Africa nic Shiomha nic Gill'onfhaidh (Carol King) / 775-331-9226/ [silverdesert@cynagua.westkingdom.org](mailto:silverdesert@cynagua.westkingdom.org)  
EQ Contact: Siobhan ni Seaghda (Dianne Karp) 775-969-3258 / [dkarp@hughes.net](mailto:dkarp@hughes.net)

Business Meeting is 2nd Friday at 7 pm at Round Table on Baring Blvd, Fighter Practice is Sundays at 1:30 pm at Cottonwood Park on Spice Island Dr, Sparks, NV. New Comer's Night is the 3rd Thursday, Arts and Sciences Gather is the 2nd Saturday.

**Thistletoir, Shire (Colusa and Sutter Cos.):** Stephen McAlpine / 530-755-0242 / [thistletoir@cynagua.westkingdom.org](mailto:thistletoir@cynagua.westkingdom.org)

A&S Saturdays 10am to 2pm. Fighter practice Sunday 4pm to 6pm. Business meetings/potluck: 2nd Sunday at 5pm Sutter Youth Building

**Vakkerfjell, Shire (Yuba Co.):** Gavin Conall of Greenlaw (Brent M Moore) / 530-870-7616 [vakkerfjell@cynagua.westkingdom.org](mailto:vakkerfjell@cynagua.westkingdom.org) / Fighter practice Tuesday 6:30 pm at POW/MIA Park, Marysville

**Windy Meads, Shire (Yolo Co.):** Robert de Roelent (Benjamin Pyles) / 559-202-7115 / [windymeads@cynagua.westkingdom.org](mailto:windymeads@cynagua.westkingdom.org)

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**Good people of Cynagua, we know  
you have talent! Submit to The Vox!**

We know you can draw, we know you can take pictures, we know you can do unnatural things with those pictures in Photoshop. Further, we know you have writing talent as well.

We know there is a long history of bardic excellence in Cynagua and that only skims the surface. Out there, among her people, the skills of the swan lie dormant and now is the time to put those skills into service. If you have songs, poems, drawings, photos or anything else that you think might be of any use to the Chronicler of Cynagua, let her know. Email to: [chronicler@cynagua.westkingdom.org](mailto:chronicler@cynagua.westkingdom.org). The Vox Cynagua is Cynagua's voice, not just that of her royalty or officers, but that of her people as well. Make your voice heard!

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