

# Care and Feeding Guide for Lochlainn and Eva

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## Sir Lochlainn Bjornulfsson

He/him. Knight of the West. I've been in the SCA for twenty-two years in the West and East and have been fighting for seven. I enjoy drinking with friends old and new, talking too much, telling tales (some of which might even be true), throwing dice, and charging shield walls.

**Favorite Time Period:** 10th century Norse

**Preferred Snacks:** meats & cheeses, veggies with ranch, coconut, dried fruit

**Preferred Drinks:** seltzers, bourbon, fruity cocktails with little umbrellas, NoS Energy drinks

**Please Do Not Feed Me:** Non-organic beef (meat & dairy, cheese is ok), olives, pickles (when not fighting), pineapple, oranges (though I love orange juice) IPAs, raw tomatoes.



## Lady Eva Hundsdotter

She/her. Valkyrie of Efficiency, Squeaky Toy of the West. I've been in the SCA for 7 years, I enjoy knitting, gambling, marshaling and shenanigans.

**Favorite Time Period:** 14th Century

**Preferred Snacks:** meats & cheeses, veggies with ranch, double stuff oreos, pickles, olives

**Preferred Drinks:** sweet tea, Diet Dr Pepper, Orange Rockstar Recovery, hard lemonade (any flavor except piña colada), Ginger ale and Fireball

**Please Do Not Feed Me:** too many sweets, raw onions, raw tomatoes, coconut flavors, seltzer or tonic water



## The Royal Puppies: Olive, Eowyn and Charlie

**Olive:** head pupper, Mom's first love, fluffball of sass.

**Eowyn:** dumb love ball, pibble face, sweetheart, big on kisses.

**Charlie:** barky chonker potato, stealer of food, master beggar.

**Please do not feed us:** Table scraps, chocolate, onions, or grapes. Dog treats and kibble are best.